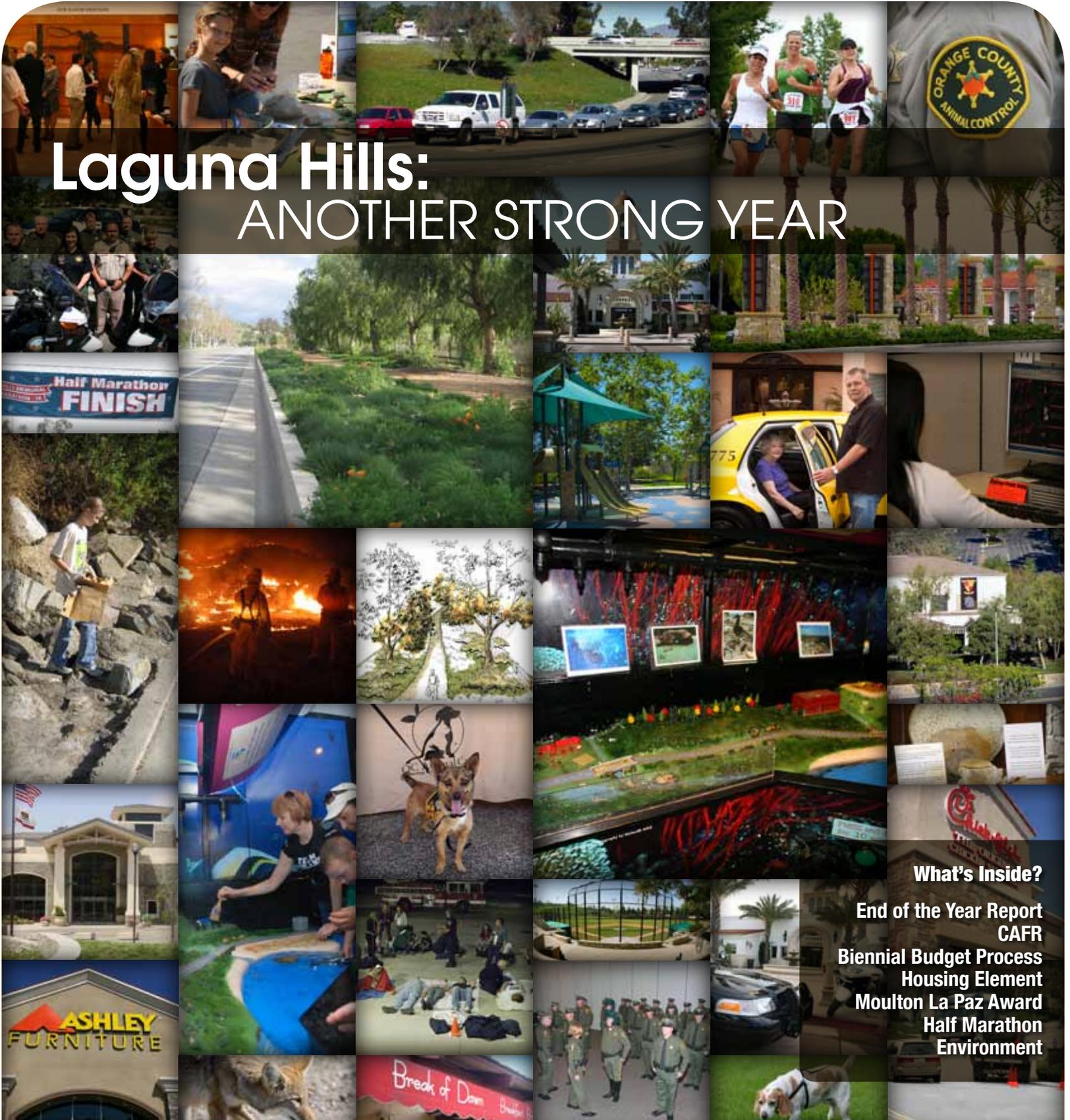




# laguna hills CITY VIEWS

## Laguna Hills: ANOTHER STRONG YEAR



**What's Inside?**

- End of the Year Report
- CAFR
- Biennial Budget Process
- Housing Element
- Moulton La Paz Award
- Half Marathon
- Environment





### CITY HALL HOURS:

8 am – 5 pm Monday – Friday

### ENGINEERING, PLANNING AND BUILDING COUNTER HOURS:

1 pm – 5:30 pm Monday – Thursday

1 pm – 5 pm Friday

Regular **City Council Meetings** are held on the second and fourth Tuesday of each month.

**Traffic Commission Meetings** are held on the third Wednesday of January, March, May, July, September and November.

**Parks and Recreation Commission Meetings** are held on the first Wednesday of February, April, June, August, October and December.

All meetings begin at 7 pm in the City Council Chambers.



### LAGUNA HILLS CITY COUNCIL:

**Barbara Kogerman**  
Mayor

**Andrew Blount**  
Mayor Pro Tem

**Randal Bressette**

**Melody Carruth**

**Dr. Dore Gilbert**

## A Message from the CITY

City Manager Bruce Channing presented the City Manager's Year-End Report to the City Council that included many things for city leaders, staff and residents to be proud of: a solid budget, steps to ensure the continued financial health of the City and volunteer efforts by residents. See more about the year-end review on Page 2.

Looking forward, the City is launching two very important undertakings in coming weeks. The Housing Element of the General Plan must be updated, and the City is starting its budget process. See more about the Housing Element on Page 6 and more about the budget process on Page 5.

Also on the horizon: Earth Day, a popular event organized by the City. Volunteers will again be asked to don comfortable clothes and tennis shoes to clean creeks and plant trees. This year, the City has also added a free document-shredding event, too. See Page 9.

## laguna hills CITY VIEWS

*City Views* is an award winning quarterly magazine published by the City of Laguna Hills and is distributed as a public service to City residents and businesses. We welcome your suggestions and feedback and value your involvement in the community. Please send or call in any comments or questions to:

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City of Laguna Hills  
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Laguna Hills, Ca 92653  
Telephone: (949) 707-2620  
[www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us)



## ON THE COVER

From Community Services to Economic Development to Public Works and Police Services, every department in Laguna Hills is successfully adapting to a “new normal,” City Manager Bruce Channing reports. See the story on page 2.

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City Manager Bruce Channing presented a positive year-end report to the City Council.



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The City's Earth Day observance includes a free shredding event this year.

# City of Laguna Hills City Manager's Year End Report

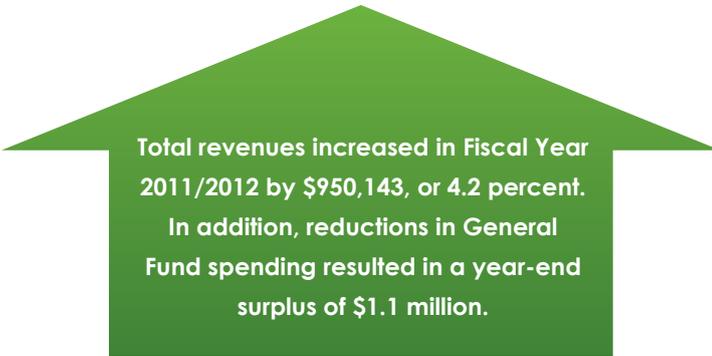
## City Manager's Year-End Message: 2012 was a Good Year

Even in the aftermath of the Great Recession and as the State and local governments adjust to a "new normal," City Manager Bruce Channing delivered an upbeat Year End Report for 2012, citing a successful year in municipal areas as diverse as new development to trash recycling.

This past year saw the city take on issues as complex as public-employee compensation and as fundamental as community bulletin boards for the City's residents and charities.

The City Manager's 2012 Year End Report highlights the City's many programs, achievements and accomplishments over the past 12 months.

## Administration, Finance and City Clerk

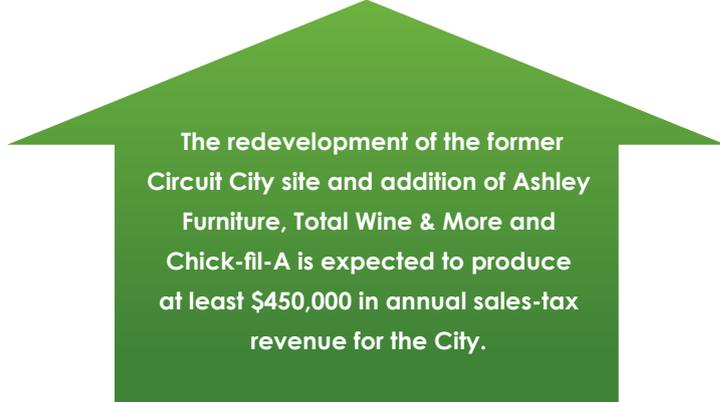


Total revenues increased in Fiscal Year 2011/2012 by \$950,143, or 4.2 percent. In addition, reductions in General Fund spending resulted in a year-end surplus of \$1.1 million.

The City and the Laguna Hills City Employees Association reached an agreement that limits the City's exposure to future cost increases in medical insurance premiums, shifts a percentage of the City's annual pension costs onto the employees and allows state legislation to set the retirement program for all new employees.

The City won a Community Development Block Grant (CDBG) for Public Facilities and Improvement grant money. The city received \$54,000 to expand the existing solar panel system and complete improvements at the interior counter of the Florence Sylvester Senior Center. This was the fourth consecutive year the City won such grant monies.

## Economic Development



The redevelopment of the former Circuit City site and addition of Ashley Furniture, Total Wine & More and Chick-fil-A is expected to produce at least \$450,000 in annual sales-tax revenue for the City.



In 2012, 1,316 building permits were issued. Additionally, more than 5,000 inspections have been conducted.

Plans are moving ahead for major renovations at the Moulton-La Paz Center and Oakbrook Village. Renovations are complete at the Taj Mahal Office Complex and Davita Dialysis Center.

## Public Services

**33 City Streets resurfaced**

13,000 square feet of sidewalk replaced

21,000 square feet of pavement repaired

2012 saw the completion of the \$2.36 million Avenida de la Carlota Widening project and substantial completion of the La Paz Widening at Interstate 5, a project finished for less than its \$7.6 million budgeted cost.

## Community Services

The Community Services Department hosted two signature events in 2012. The Memorial Day Half Marathon, 5K and 10K, honored the USMC Dark Horse Battalion and attracted 2,760 runners. The event raised \$7,767 for the 3/5 Marine Support Committee. An additional 11,000 people attended the City's July 4 event, as well.

The City Council authorized an electronic Community Bulletin Board in November on the City's website. The space is for posting of noncommercial messages that promote educational, philanthropic, civic, charitable, cultural or recreational activities, events and fundraisers.

## Environment and Conservation

**The 2011 Annual Disposal Report, using per-capita disposal figures, showed the City achieved a disposal rate of 3.6 pounds per person per day, well below the target of 5.8 pounds per day.**

The City in 2012 received a grant from the Orange County Transportation Authority to install "debris gates" or trash screens, at 68 catch basins throughout the City. Additionally, 28 volunteers collected 350 pounds of trash and recyclable material from the Aliso Hills Channel during the 16th Annual Inner Coastal Watershed Cleanup Day in September.

Even more volunteers showed up for Earth Day Laguna Hills in April, when 67 people assisted in clean up projects and planted 15 Crepe Myrtle trees along Paseo de Valencia.

## Police Services

**8,409 total incidents were reported through September of 2012, an 8 percent decrease compared to the same period in 2011.**

**The average response time for the most serious calls in 2011/2012 averaged 4 minutes and 50 seconds, below the 5-minute target.**

The Laguna Hills Neighborhood Watch program continued to flourish in 2012, with the addition of two new groups and 30 volunteers. Throughout the year, 10 Neighborhood Watch meetings were held.

Additionally, Police Services again conducted the Community Emergency Preparedness Academy (CEPA), in which 33 residents completed eight weeks of disaster preparedness training. The final class consisted of a mock disaster.

Even with all of the highlights of 2012, Channing says in his report that 2013 will be exciting, too, as major renovations move forward at the Laguna Hills Mall and elsewhere in the City. "I am confident that we will be able to successfully deal with the challenges ahead and maintain our strong financial condition, provided we remain committed to the prudent management practices and policies that have enabled us to be so successful over these past 21 years," City Manager Channing writes.

See his full report at <http://www.ci.laguna-hills.ca.us/civica/filebank/blobload.asp?BlobID=4002>

# COMPREHENSIVE ANNUAL FINANCIAL REPORT

## Laguna Hills in Good Financial Shape

The City recently completed its Comprehensive Annual Financial Report (CAFR). A review by Moss, Levy & Hartzheim, LLP, a public accounting firm fully licensed and qualified to perform audits of local government, did the review and declared the city in solid financial shape.

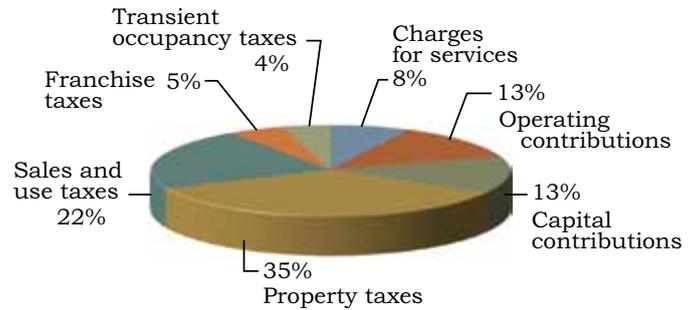
"The City's most recent adopted biennial budget for fiscal years 2011/12 -2012/13 shows that the City continues to live within its means," the report from Moss, Levy & Hartzheim says.

The report showed that the City earned more money in 2011-2012, but kept a tight rein on expenditures, bringing total spending in at \$614,000 below the adopted budget. In the General Fund, the City's main operating account, revenues exceeded expenditures by \$1 million.

Total revenues for the Fiscal Year 2011/2012 increased \$950,143 or 4.2 percent. Total revenues from all sources were \$24.1 million. Sales and property taxes were the largest contributors to the budget, at \$10.5 million.

Going forward into this next year, it is anticipated the City will see stronger signs of recovery in the local tax base, especially as general economic activity in the City continues to increase and new businesses come online. Coupled with the general improvements in the local housing market, this should translate to positive impacts for the City's General Fund.

Revenue by Sources – Governmental Activities  
FY 2011/12

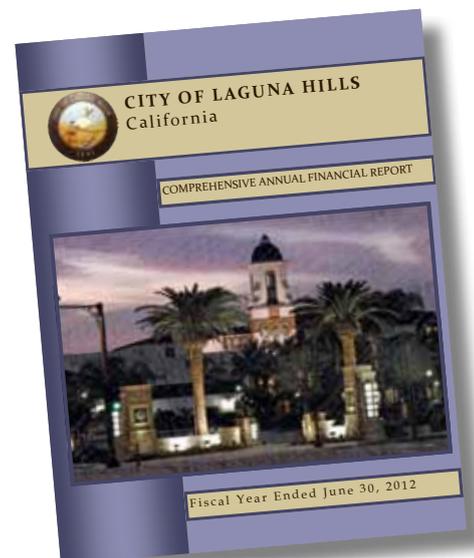
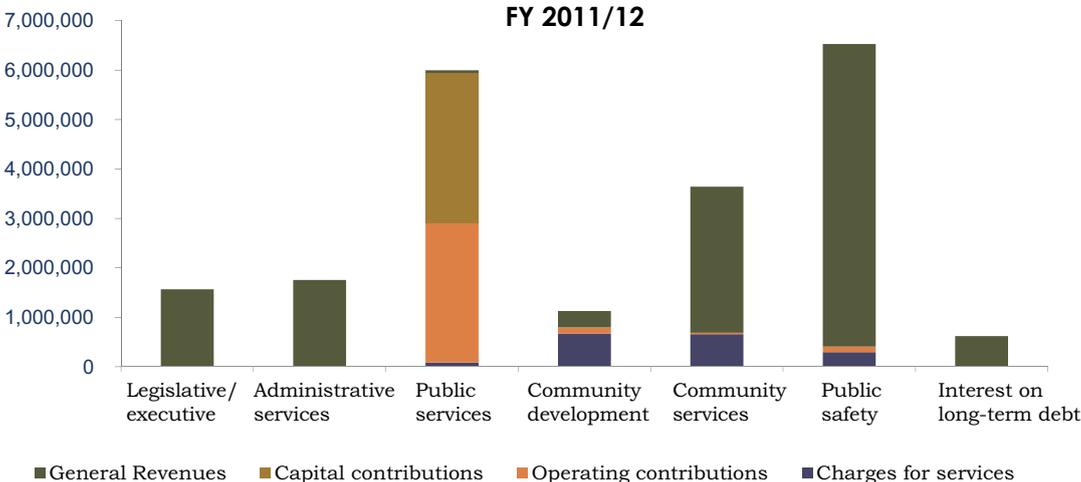


Property taxes are also expected to continue to make a slow rebound next year, given a positive consumer price index and the overall improvement that is occurring in the local housing market, the report notes.

The report also states that the assets of the City of Laguna Hills exceeded its liabilities at the close of the most recent fiscal year by \$103 million. After recording the value of the City's infrastructure assets, net of accumulated depreciation, the increase in the City's net assets resulting from the most recent fiscal year's operation was \$1.7 million, or approximately 1.7 percent.

See the entire report at <http://www.ci.laguna-hills.ca.us/civica/filebank/blobdload.asp?BlobID=4022>

Funding of Governmental Activities  
FY 2011/12



# BIENNIAL BUDGET PROCESS



## City Launches Budget Planning

Since the City incorporated in 1991, it has been the City's practice to develop a biennial budget. Developing a two-year budget results in a more focused and consistent spending plan. A considerable amount of staff time and energy goes into creating the spending plan, which reflects the City Council's priorities, policies and key projects.

The City sets aside approximately six months to prepare its Budget and six-year Capital Improvement Program.

There are three public meetings designed to ensure public input in the budget development. The first of those meetings is the Strategic Planning Study Session, which will be held on April 2. This meeting provides an opportunity to provide input on potential spending priorities. At this study session, the City Council prioritizes the spending and sets goals for the creation of the budget.

In addition to the public and City Council, input is also received from each of the City's departments. Department directors submit a review of the work performed under the previous budget, as well as identify major projects or programs for the upcoming budget cycle.

In the Capital Improvement Program budget, the City's future planning list is typically longer than the budget allows. To accommodate that, City leaders move some projects into a "future" category that looks beyond the six-year Capital Improvement Program Budget. The 2009-2015 Capital Improvement Program Budget contained 21 projects, with a collective cost of \$24.4 million.

## Budget Timeline

The public is encouraged to attend the budget study sessions and provide input. Here are the key dates:

**April 2:** Strategic Planning Study Session

**April 16:** Capital Improvement Budget Study Session

**May 7:** Operating Budget Study Session

**June 25:** Budget Adoption Public Hearing

The meetings are held in the City Council Chamber at Laguna Hills Civic Center, located at the 24035 El Toro Road, Laguna Hills. See <http://www.ci.laguna-hills.ca.us> for more information.

# HOUSING ELEMENT UPDATE

## Housing Element 2013-2020

The City of Laguna Hills has launched the process to update the Housing Element portion of the City's General Plan. In accordance with the State of California Department of Housing and Community Development (HCD), the City must have a certified Housing Element by October 2013. The Housing Element covers the period between 2014-2021.

## What is the Housing Element?

The Housing Element serves as a policy guide to address the comprehensive housing needs of the City. It is one of seven elements of the City of Laguna Hills' General Plan and is mandated by the State of California Government Code. State law requires that local jurisdictions outline the housing needs of their community, the barriers or constraints to providing that housing, and actions proposed to address these concerns over an eight-year period. The Housing Element is subject to detailed statutory requirements and mandatory review by the State.

## Why Update the Housing Element?

State law now requires local governments to update their General Plan Housing Elements every eight years in order to periodically address the changing housing needs of their communities and to establish action plans to meet those goals. The contents are established by state law and must include measurable objectives. The Housing Element is subject to approval by the State of California. The Housing Element update process and resulting documentation must meet the minimum requirements of state law and include the following:

- A set of quantifiable objectives and programs to address the City's housing needs for all income levels;

- An evaluation of the results from housing programs and policies implemented during the previous review period, including a discussion of their effectiveness, a comparison of projected results to measured accomplishments, and a summary of how these results will guide revisions to the update;
- An assessment of the City's housing needs based on housing, land use, population, demographic and employment trends;
- An analysis of governmental and non-governmental constraints to providing housing; and
- An analysis of housing opportunities within the City, including an inventory of suitable sites and the City's capacity to meet regional share goals, as well as the adequacy of the City's infrastructure and public facilities to serve housing.

Jurisdictions that do not update their Housing Element by the deadline face several consequences, including fines; loss of eligibility and priority status for state bond funds, federal funds, and transit-oriented development and park funds; a requirement to prepare a new Housing Element every four years (versus every eight years); and exposure to legal challenge by maintaining a noncompliant General Plan/Housing Element.

For more information contact Senior Planner Julie Molloy at (949) 707-2671, or email [jmolloy@ci.laguna-hills.ca.us](mailto:jmolloy@ci.laguna-hills.ca.us)

## Housing Element Preparation Timeline



# MOULTON LA PAZ AWARD



Leb Orloff, Sanduku Photography

## Laguna Hills Turns Red Tape into Red Carpet

Laguna Hills was among a few select cities honored in the 2012 Orange County Business Council's 2nd Annual "Turning Red Tape Into Red Carpet" Awards, developed to recognize local government leaders whose policies and programs spur the local economy.

The City received the honor in November for the Moulton-La Paz Commercial/Open Space Redevelopment Project. This project will allow not only the renovation of an aging shopping plaza at Moulton and La Paz, but facilitate improvements to the City-owned open space east of the project.

Vintage Real Estate is spending \$17 million to expand and renovate the shopping plaza, which will hold the first "The Fresh Market" in Southern California. As part of the deal, the City sold 3 acres

adjacent to the shopping center to Vintage Real Estate. The City will use the proceeds from the sale—\$2.96 million—to renovate the remaining open space east of the center and improve the adjacent equestrian trail. Through the innovative use of water-quality easements on the City-owned land, the center expansion will total 100,000 square feet and allow for the speedy renovation of the center

"This project represents an extremely creative approach to a complex public/private real estate development project," the Business Council said in making the award. "The city's innovative program not only helped to expedite the project by one year, but also resulted in a savings to the developer of at least \$300,000, and led to the completion of the project with zero dollars in taxpayer subsidies."

The Orange County Business Council is the leading voice of business on important issues locally, regionally and nationally. The organization works to improve Orange County's economic development and prosperity. It is lead by a board of directors from leading Orange County businesses.



# HALF MARATHON

## Register Now for Memorial Day Half Marathon!

Online registration is now open for the City of Laguna Hills Half Marathon, 5k and 10k, which honors the United States Marine Corps Darkhorse Battalion and will be held on May 27 this year.

Runners of all skill levels are welcome for the family-friendly event, which crosses through the cities of Laguna Hills, Aliso Viejo, Laguna Woods, and Laguna Niguel. In addition to the 13.1-mile Half Marathon, the 3.1-mile 5k and the 6.2-mile 10k run/walk, the City also hosts a Kid's Run of ½ mile. There is even a 50-Yard Diaper Dash for kids 3 and under!

The City of Laguna Hills will also again hold a one-day Community Expo featuring live music and more than 40 vendors and exhibitors from 7:30 a.m. to 11:30 a.m.

Three dollars from each entry will be donated to the support committee for the City's adopted 3rd Battalion, 5th Marine Regiment, of the 1st Marine Division. This infantry battalion, nicknamed "DARKHORSE" is based out of Camp Pendleton.



Additionally, The City of Laguna Hills and South County Outreach are partnering in a food drive over the Memorial Day Weekend. Race participants and spectators are encouraged to bring canned goods and non-perishable food items which will benefit South County Outreach. Collection stations will be available at the race start line and the Community Expo on May 27th and at Road Runner Sports located in Laguna Hills during registration and pre-race packet pick up on Saturday, May 25th and Sunday, May 26th from noon to 4 p.m. both days.

The City of Laguna Hills needs more than 400 volunteers for this great event. Volunteers will receive a free t-shirt, a meal, and community service hours. Those interested in volunteering should call (949) 975-8506.

Visit [www.lagunahillshalfmarathon.com](http://www.lagunahillshalfmarathon.com) for race times, fees, registration, course descriptions, information regarding sponsorships, entertainment, parking, directions and much more!

## ENVIRONMENTAL

### Laguna Hills Hosts Shredding Event

The total cost of identity theft throughout the United States in 2011 was \$18 billion, with the average victim spending \$354 and 12 hours to resolve the problem and clear up records, according to the California Attorney General. Experts say shredding documents and receipts is one way to prevent thieves from stealing your identity.

In conjunction with its Earth Day Celebration, the City of Laguna Hills is hosting a Free Document Shredding Event Hills from 8 a.m. to noon on Saturday, April 20 at the Community Center, 25555 Alicia Parkway.

Trucks and equipment will be on hand to help residents take care of all their shredding needs. This community

shredding event gives residents the opportunity to have their confidential documents and records destroyed securely on site to prevent identity theft and highlight the importance of recycling.

Each person will be allowed to discard up to seven banker boxes, plastic bags or paper bags of unwanted documents such as personal documents, old tax records, credit card offers and statements, medical paperwork, paycheck stubs and legal documents. Notebooks, binders, metal clasps and folders must be removed first. Please come early to beat the rush – and the event may end before noon if the trucks fill up. For more information, call (949) 707-2680 or visit the City's website at [www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us).



## Earth Day Celebration Set April 20

The City of Laguna Hills is again hosting its Earth Day Celebration, which will feature a "Green Expo," trails cleanup, tree planting in recognition of Arbor Day and free document shredding.

The event will run from 9 a.m. to noon on April 20 and finish with a "thank you" lunch for volunteers. The Green Expo includes experts on water conservation, native plants and recycling. The day provides a wonderful opportunity for residents to get involved in the City and give something back. It also promises a great family day, with lessons about the environment and community involvement.

The 2012 Earth Day celebration included volunteers planting 15 Crepe Myrtle trees along Paseo De Valencia in recognition of Arbor Day. Sixty-seven volunteers participated in the tree-planting and cleaned up the Aliso Creek, Veeh Ranch, Juan Avila and Oso Parkway trails. Another 65 visited the Green Expo.

Volunteers should meet at the Laguna Hills Community Center located at 25555 Alicia Parkway at 9 a.m. and wear comfortable clothes and tennis shoes. For more information call (949) 707-2680 or visit [www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us). Children ages 12 and under must be supervised by an adult.

## Water Wisdom Prevents Problems

Wasting water around your home doesn't just mean a higher-than-necessary water bill: it also means you're creating urban runoff, which can wreak environmental havoc far from your home.

Urban runoff occurs when excessive water from irrigation carries litter, lawn clippings, motor oil, pet waste, fertilizer, pesticides and other pollutants into the storm drain. Unlike water that enters the sewer (from sinks and toilets), water that enters the storm drain is not treated before entering our waterways.

# ENVIRONMENTAL

When working in your yard, reduce and prevent pollutants from entering the storm drain by following these simple tips:

- Follow directions when applying fertilizers or pesticides, and never water directly after application unless directed by the manufacturer.
- Control pests using Integrated Pest Management (IPM) practices. Access free pest notes and IPM information at [www.ipm.ucdavis.edu](http://www.ipm.ucdavis.edu).
- Sweep up all cut grass, trimmings and leaves and dispose of them in a green waste container.
- Clean up fluid leaks by absorbing them with kitty litter, sweeping it up and disposing of it in the trash.
- Check your yard regularly for pet waste, pick it up and dispose of it in the trash or toilet.
- Do not litter.
- Volunteer to help with or organize a clean-up event. For information about clean-up events, visit [www.trails4all.org](http://www.trails4all.org) or [www.coastal.ca.gov](http://www.coastal.ca.gov).

To avoid overwatering, follow these simple tips:

- Plant drought-resistant or native plants that require less water.
- Before watering your plants, check the soil moisture level below the surface, it should almost be dry.
- Water early in the morning to reduce evaporation.
- Set your irrigation timer to water in 3-4 minute cycles.
- Shut off your irrigation timer or use the rain-delay feature before and during rain events.
- Adjust your irrigation schedule by using the water index at [www.bewaterwise.com](http://www.bewaterwise.com).

For more information on the dangers of urban runoff and overwatering, see [www.ocwatersheds.com](http://www.ocwatersheds.com).



2013 SPRING

COMMUNITY SERVICES

# ACTIVITY GUIDE



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# CALENDAR OF EVENTS

- February 18** President's Day: Community Center & Sports Complex Closed
- March 8** Circle of Friends Pizza & Movie Night
- March 9** Excursion: J. Paul Getty Center
- March 12** Spring Registration Opens
- March 29** Middle School Dance
- March 29** Late Night Flashlight Egg Hunt
- March 30** Mr. Bunny & Friends
- April 13** Excursion: Reagan Library
- April 19** Circle of Friends Karaoke Night
- April 20** Earth Day
- May 3** Spring Concert
- May 18** Excursion: Griffith Observatory
- May 27** Memorial Day Half Marathon, 5K & 10K
- May 27** Memorial Day: Community Center & Sports Complex Closed
- May 31** Circle of Friends Indoor Sports Night
- June 7** Middle School Dance
- June 28** Circle of Friends Summer Kick-off Dance

NEW

## NEW THIS SPRING!

- Earth Day Laguna Hills
- Children's Spring Concert
- Excursion: Day at the Getty Center
- Excursion: Day at the Reagan Library
- Excursion: Star Party at the Griffith Observatory
- Mommy & Me ART Time
- Art Explorations

## SAVE THE DATE

### SUMMER CAMPS

Registration for Summer Day Camp, Summer Teen Camp, Surf Crew and all sports camps will begin on **Tuesday, June 11, 2013.**

### BUILD A FORT REGISTRATION

Due to the popularity of the Build A Fort and Junior Build A Fort Camps, registration for Laguna Hills Residents will be collected in person **Tuesday, June 4, 2013 - Friday, June 7, 2013** between the hours of **8:00 AM and 5:00 PM** at the Laguna Hills Community center. Please bring a recent utility bill as proof of residency and a copy of your child(ren)'s birth certificate(s) with you. Children may be enrolled by their parent or legal guardian only. Space is limited and is on a first come, first served basis. Registration for **non-residents** will begin on **Tuesday, June 11, 2013.**

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5-6 Cultural Arts

7 Civic Center Public Arts Program

8 Dance



9 Personal Development

10-12 Sports & Fitness

13 Circle of Friends

14 Sports Leagues



14 Emeritus

## STAY INFORMED

If you'd like to receive email notifications with City Information or on upcoming classes, programs and events please visit our website, [www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us).



# ACTIVITY SCHEDULE

## SPECIAL EVENTS

### Late Night Flashlight Egg Hunt

Bring your flashlight and prize bag for an eventful evening of annual egg hunting. The Laguna Hills Community Center and Sports Complex will become a hidden adventure filled with tons of eggs, all with candy and prizes. This eggciting night hunt will conclude as we raffle off some special prizes. There are two separate hunts, for 7-10 year olds and 11-14 year olds. **Space is limited so register early!**

DATES	TIME	DAY	CLASS
3/29	8:00 - 9:00 PM	F	2875

Fee: Resident \$5, Non-Resident \$10  
 Location: LHCC  
 Instructor: Community Services Staff  
 Ages: 7-14

### Mr. Bunny and Friends

It is a morning of fun and adventure! Join Mr. Bunny and his friends for springtime crafts, an egg hunt, and a picture with Mr. Bunny. Children will have a ball with all the spring time eggcitement! **Space is limited, so register early!**

DATES	TIME	DAY	CLASS
3/30	10:00 - 11:00 AM	Sa	2876

Fee: Resident \$6, Non-Resident \$11  
 Location: LHCC  
 Instructor: Community Services Staff  
 Ages: 6 and Under

### Earth Day Laguna Hills

Make a difference in your community this April by joining us for Earth day Laguna Hills! Volunteers will learn about water conservation, native plants, and recycling during the "Green Expo". A shredding event has also been added to the event for 2013. After the educational expo, volunteers will clean and beautify the City during a City-wide trail clean-up and tree planting ceremony in recognition of Arbor Day. Volunteers should wear comfortable clothes and tennis shoes. A special thank you luncheon for volunteers will conclude the day's events. For more information, please call (949) 707-2680. Children ages 12 and under must be supervised by an adult.

DATES	TIME	DAY	CLASS
4/20	8:00 AM - 12:00 PM	Sa	3027

#### Earth Day Laguna Hills

4/20	9:00 AM - 12:00 PM	Sa	3027
------	--------------------	----	------

Fee: Free  
 Location: LHCC  
 Ages: All Ages

### Children's Spring Concert

Bring your family and friends and come out to enjoy the wonderful sounds of award-winning children's band, "The Happy Crowd!" Pack your lawn chairs and join us for live entertainment, crafts, and lots of springtime fun! Food trucks will offer a variety of dinner and desserts. You could not, would not, want to miss an event as fun as this!

DATES	TIME	DAY	CLASS
5/3	5:00 - 7:00 PM	F	3024

Fee: Free  
 Location: LHCC  
 Instructor: Community Services Staff  
 Ages: All Ages

### Memorial Day Half Marathon 2013



On your mark, get set, go! Preparation has already begun for the 15th annual Laguna Hills Memorial Day Half Marathon 5K, and 10K, Honoring the United States Marine Corps Dark Horse Battalion. The race crosses through the cities of Laguna Hills, Aliso Viejo, Laguna Woods, and Laguna Niguel. Runners of all skill levels are welcome to participate in the event of their choice, the Half Marathon (13.1 miles), 5K Run/Walk (3.1 miles), 10K Run/Walk (6.2 miles), or Kid's Run (1/2 mile). The City of Laguna Hills intends to donate \$3 per participant to the 3/5 Marine Support Committee. In addition to the running events, the City of Laguna Hills will once again hold a one-day community expo featuring live music and more than 40 vendors and exhibitors from 7:30 to 11:30 AM. The City of Laguna Hills needs more than 400 volunteers to make this great event take place. Volunteers will receive a free t-shirt, a meal, and community service hours. Those interested in volunteering should call (949) 975-8506. Visit [www.lagunahillshalfmarathon.com](http://www.lagunahillshalfmarathon.com) for race times, fees, course descriptions, information regarding sponsorships, entertainment, parking, directions and much more!

DATES	DAY
5/27	M

## REGISTER EARLY FOR CLASSES!

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.

# ACTIVITY SCHEDULE



## EXCURSIONS

### Day at the Getty Center NEW

Let us do the driving for you to the Getty Center in Los Angeles! The Getty Center offers unique experiences for people of all ages. Discover the architecture and gardens, take in spectacular views, and enjoy both casual and fine dining. It's a great place to learn about art. **Space is limited, sign up today! PLEASE NOTE: No refunds or transfers for one-day activities.**

DATES	TIME	DAY	CLASS
3/9	9:30 AM-5:30 PM	Sa	2903

Fee: Resident \$20, Non-Resident \$25  
 Location: LHCC  
 Instructor: Community Services Staff  
 Ages: All Ages

### Day at the Reagan Library NEW

Join us for a special trip to the Reagan Library for their exciting new temporary exhibit, Treasures of the Walt Disney Archives. Your day at the library also includes a self-guided tour of the permanent exhibits including Air Force One and the Berlin Wall. Bring a sack lunch from home or purchase food at the Library. **Space is limited, sign up soon! PLEASE NOTE: No refunds or transfers for one-day activities.**

DATES	TIME	DAY	CLASS
4/13	9:30 AM-5:00 PM	Sa	2936

Fee: Resident \$45, Non-Resident \$50  
 Location: LHCC  
 Instructor: Community Services Staff  
 Ages: All ages

### Star Party at the Griffith Observatory NEW

Come for the view and stay for the party! Community Services staff will do all of the driving for this trip up to one of Los Angeles' most iconic and scenic landmarks. Tour the Observatory exhibits on your own and enjoy the sunset. With the assistance of amateur astronomers from the Los Angeles Astronomical Society look at the moon, visible planets and other objects in the sky. Bring a sack dinner from home or purchase food at the Observatory's "Café at the End of the Universe". Call Daryl at (949) 707-2692 for more information. **Space is limited, sign up today! PLEASE NOTE: No refunds or transfers for one-day activities.**

DATES	TIME	DAY	CLASS
5/18	3:00 PM-10:00 PM	Sa	3021

Fee: Resident \$20, Non-Resident \$25  
 Location: Meet at LHCC  
 Instructor: Community Services Staff  
 Ages: All Ages

## EARLY CHILDHOOD

### CULTURAL ARTS

#### Tunes and Tales

Let's get the wiggles out! Join Ms. Vivian in her 19th year teaching this popular Music and Movement class. Sing-a-longs and fingerplay songs start off this fun-filled class followed by music activities using bean bags, rhythm sticks, instruments and a parachute. We will even have a chance to read a short story each week (2 1/2 - 4 year class only). The children have a great time while developing their listening and social skills. Parent/adult participation is required. Come join the fun! Session II is not a repeat of Session I.

DATES	TIME	DAY	CLASS
<b>AGES 1 ½ - 2 ½ :</b>			
4/2-4/30	9:30-10:10 AM	Tu	2953
5/14-6/11	9:30-10:10 AM	Tu	2954

Fee: Resident \$40, Non-Resident \$45  
 Class Sessions: 5

DATES	TIME	DAY	CLASS
<b>AGES 2 ½ -4:</b>			
4/2-4/30	10:15-11:10 AM	Tu	2955
5/14-6/11	10:15-11:10 AM	Tu	2956

Fee: Resident \$45, Non-Resident \$50  
 Class Sessions: 5

Location: LHCC  
 Instructor: Vivian Stapleton

#### Do, Re, Mi Musical Me (Music/Piano)

This music/piano class encourages development of the whole child through music. Children will experience the sounds and rhythms of music through piano playing, learning piano fingering and playing simple tunes, singing do, re, mi notation/songs and creative movement. Parent participation is required. Keyboards will be provided by the instructor for use in class. **A \$20 material fee is due to the instructor at the first class meeting.** For more information please visit [www.southcalmusic.com](http://www.southcalmusic.com).

DATES	TIME	DAY	CLASS
4/4-5/16	9:30-10:10 AM	Th	2982

**\*NO CLASS 5/2**

Fee: Resident \$130, Non-Resident \$135  
 Location: LHCC  
 Instructor: Sophi Albert  
 Ages: 2-4.5  
 Class Sessions: 6



# ACTIVITY SCHEDULE

## EARLY CHILDHOOD

### Peewee Picasso!

Attention all 15 month - 2 year olds. This class is just for you! Come participate at our Play dough Station, Collage Station, Drawing Station, and the Painting Wall! Art lessons will encourage Life Essential Skills: Curiosity, Discovery, Critical Thinking and Self-Expression. Tempera paints, glitter paints, 3-D form, water color and more are just the beginning of this fantastic class! Learning through art a child can increase his or her self-esteem and build self confidence. Lessons and projects rotate each session. **A \$10 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
4/12-5/31	9:30-10:20 AM	F	3009

Fee: Resident \$90, Non-Resident \$95  
 Location: LHCC  
 Instructor: Art To Grow On Inc.  
 Ages: 15 months-2  
 Class Sessions: 8

### Play Dough Picasso!

Monet! Van Gogh! Picasso! Learn the techniques of the Masters along with visiting our Art Stations: Play dough, Collage, Drawing and our Painting Wall! Art lessons will encourage Life Essential Skills: Curiosity, Discovery, Critical Thinking and Self-Expression. Tempra paints, glitter paints, 3-D form, water color and more are just the beginning of this fantastic class! Learning through art a child can increase his or her self-esteem and build self-confidence. Lessons and projects rotate each session. **A \$10 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
4/12-5/31	10:45-11:45 AM	F	3010

Fee: Resident \$90, Non-Resident \$95  
 Location: LHCC  
 Instructor: Art To Grow On Inc.  
 Ages: 3-5  
 Class Sessions: 4

### Mommy & Me ART Time

NEW

Explore a variety of art materials and fire up your child's imagination. Hands-on projects may include painting, drawing, printmaking, clay sculpture and much more! Come and enjoy a special creative time with your little artists. All materials and aprons are provided. Parent participation is required. **A \$20 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
5/3-5/31	2:30-3:15 PM	F	3001

Fee: Resident \$65, Non-Resident \$70  
 Location: LHCC  
 Instructor: Lucia Henry  
 Ages: 3-5  
 Class Sessions: 5

### Music Together

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information, please visit [www.svmusictogether.net](http://www.svmusictogether.net). Siblings: Resident \$135, Non-Resident \$140. Babies under 8 months may attend class for free with a registered sibling. **A \$40 material fee is due to the instructor at the first class meeting (includes two CDs, illustrated song book and parent guide.)**

DATES	TIME	DAY	CLASS
5/15-7/17	9:15-10:00 AM	W	2951
5/15-7/17	10:30-11:15 AM	W	2952

Fee: Resident \$145, Non-Resident \$150  
 Location: LHCC  
 Instructor: Elena Salisbury  
 Ages: 0-4  
 Class Sessions: 10

## PERSONAL DEVELOPMENT

### Kindergarten, Here I Come!

Taught by a fully credentialed teacher, this exciting kindergarten readiness program will offer pre-schoolers crucial social and academic skills to prepare them for school. This parent participation program is designed for 4-5 year olds and will be thematically planned with lessons including language arts, math, social studies, science and art. Please bring a snack each day as there will be a daily snack and recess time. **Children must have turned 4 years old by December 1, 2012** to register. Parents will only need to sign up to volunteer in the classroom for four lessons. **A \$10 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
4/8-6/14	9:00 AM-12:00 PM	M W F	2948
*NO CLASS 5/27			

Fee: Resident \$425, Non-Resident \$430  
 Location: LHCC  
 Instructor: Jennifer Migliaccio  
 Ages: 4-5  
 Class Sessions: 29

# ACTIVITY SCHEDULE



## EARLY CHILDHOOD

### Playtime!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This special program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. **Participants must be potty trained.**

DATES	TIME	DAY	CLASS
4/16-6/20	11:30 AM-2:00 PM	Tu Th	3005

Fee: Resident \$175, Non-Resident \$180  
 Location: LHCC  
 Instructor: Community Services Staff

Ages: 3-5  
 Class Sessions: 20

### Lil' Chefs

YUM YUM! This is an introductory hands-on cooking class for you and your child to enjoy together. Class includes simple, healthy, and fun recipes along with crafts to create while your food cooks. Parent participation is required. Note: Unregistered siblings will not be able to participate in class. Please notify staff if your child has any food allergies or special dietary restrictions at least one week prior to the first day of class, (949) 707-2683.

DATES	TIME	DAY	CLASS
5/10-5/31	11:00 AM-12:15 PM	F	3008

Fee: Resident \$50, Non-Resident \$55  
 Location: LHCC  
 Instructor: Community Services Staff

Ages: 3-5  
 Class Sessions: 8

### Messy Muddy Hands and Toes

Messy, muddy, sticky and gooey...you'll create art with fingers, feet, pudding, play dough, pud and suds! Wow! Let your imagination run wild with inventive projects each week. Parent participation is required.

DATES	TIME	DAY	CLASS
6/7-6/28	10:00-11:00 AM	F	3007

Fee: Resident \$35, Non-Resident \$40  
 Location: LHCC  
 Instructor: Community Services Staff

Ages: 2-5  
 Class Sessions: 4

## CULTURAL ARTS

### Beginning Guitar

Designed for those with little or no experience playing the guitar, this class will teach you how to play several songs, chords and single note melodies. Class may be repeated, with new songs each session. Participants must bring their own acoustic or electric guitar with small amp. Please visit [www.rongorman.com](http://www.rongorman.com) for more information.

DATES	TIME	DAY	CLASS
3/20-4/17	5:00-6:00 PM	W	2940
4/23-5/21	6:00-7:00 PM	Tu	2941

Fee: Resident \$90, Non-Resident \$95  
 Location: LHCC  
 Instructor: Ron Gorman

Class Sessions: 5

### Intermediate Beatles Guitar

Spend five weeks learning the legendary songs of the Beatles! Take an in depth look at their unique melodies, lyrics and the stories behind the songs. This is a must for fans who already play guitar. This class will cover vocal, melody and tablature. Participants must bring their own acoustic or electric guitar with small amp. Please visit [www.rongorman.com](http://www.rongorman.com) for more information.

DATES	TIME	DAY	CLASS
4/23-5/21	7:00-8:00 PM	Tu	2942

Fee: Resident \$90, Non-Resident \$95  
 Location: LHCC  
 Instructor: Ron Gorman

Ages: 10 and older  
 Class Sessions: 5

## CIVIC CENTER PUBLIC ARTS TOUR

Travel through time and relive Laguna Hill's early history through stories and art displays at the Laguna Hills Civic Center. This free 30 minute tour gives a brief look into the City's rich history and the men and women that shaped it's destiny. Participants meet at the Laguna Hills Civic Center. Call (949) 707-2692 for more information. DATES: 3/2, 4/6, 5/4, & 6/1 from 10:00-10:30 AM.



# ACTIVITY SCHEDULE

## CULTURAL ARTS

### Mediterranean Hand Drumming

Learn the music of the Mediterranean! An introduction to the goblet drum, its rich tradition, social aspects, and celebrations. Using traditional technique and rhythm patterns, we will explore the musical spirit of hand drumming. Bring your own tuned tabla, derbekki or dumbek. Instructor will provide drums, but students are welcome to bring their own.

DATES	TIME	DAY	CLASS
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#### LEVEL I:

4/7-4/28	1:30-2:45 PM	Su	2976
5/5-5/26	1:30-2:45 PM	Su	2977
6/2-6/23	1:30-2:45 PM	Su	2978

Fee: Resident \$49, Non-Resident \$54      Class Sessions: 4

#### LEVEL II:

4/7-6/23	4:30-5:45 PM	Su	2979
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Fee: Resident \$120, Non-Resident \$125      Class Sessions: 12

Location: LHCC      Ages: 18 and older  
Instructor: George Medlock

### Young Rembrandts Cartoon Drawing

Does your child have a great sense of humor and a desire to draw? This spring our students have fun learning how to personify inanimate objects. We'll breath life into the sun and the moon, transforming them into fully realized cartoon characters, and our bird feeding sequence teaches children visual and sequential story telling. We'll also create drawings that feature colorful and expressive forest animals. Give your child the gift of laughter, learning and artistry. Enroll today to ensure your spot! Visit us online at [www.youngrembrandts.com](http://www.youngrembrandts.com).

DATES	TIME	DAY	CLASS
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4/9-5/7	3:30-4:30 PM	Tu	2949
5/14-6/11	3:30-4:30 PM	Tu	2950

Fee: Resident \$63, Non-Resident \$68      Ages: 6-12  
Location: LHCC      Class Sessions: 5  
Instructor: Young Rembrandts

### Beginning/Intermediate/Advanced Drawing & Painting

Beginners will be taught to see (as an artist) line, location and value. They will learn how to use charcoal drawing tools and produce accurate drawings of simple still lifes. Emphasis is on determining spacial relationships and accurate value depiction. A supply kit is available from the instructor for \$35. Intermediate and advanced students work from still lifes and photographs. Emphasis is on technique, composition, perspective, color and design. Media choices are colored pencil, water color, gouache and acrylic with the addition of ink, pastel and oil for advanced students only. All intermediate and advanced students provide their own materials. All instruction is individual; therefore each student will be working on his or her own level and the only deadlines are sufficient completion of art work.

DATES	TIME	DAY	CLASS
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4/15-5/20	4:00-5:30 PM	M	2960
4/11-5/16	4:00-5:30 PM	Th	2962
6/3-7/8	4:00-5:30 PM	M	2961
6/6-7/18	4:00-5:30 PM	Th	2963

Fee: Resident \$140, Non-Resident \$145      Ages: 6-16  
Location: LHCC      Class Sessions: 6  
Instructor: Marilyn Brame

### Art Explorations

In this beginning art class, students will combine fun drawing exercises and creative apinting projects to build skills in young artists. The different elements of art will be introduced through a variety of media such as acrylics on canvas, pastels, charcoal, watercolors and more. Emphasis is placed on techniques as students explore the work of famous artists and create our own. All materials and aprons will be provided. **A \$20 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
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5/3-5/31	3:30-4:45 PM	F	3002
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Fee: Resident \$69, Non-Resident \$74      Ages: 6-12  
Location: LHCC      Class Sessions: 5  
Instructor: Lucia Henry



## CIVIC CENTER PUBLIC ARTS PROGRAMS

### Our First Inhabitants-Life of the Acjachemen Tribe

Life of the Native American peoples in the Saddleback Valley, the Acjachemen who lived from the San Joaquin Hills to south of San Clemente. Overview of the prehistoric settlement of Orange County and the various archaeological cultures that lived here. Their use of local plants and animals, villages and language, trade with the people of the islands and desert. Focus Topic- A look at the rock art- pictographs and petroglyphs- made by the aboriginal peoples reflecting their beliefs and religious thought that was places throughout the landscape of Orange County. Optional Activity- Self tour information to Mission San Juan Capistrano and the Estancia in Costa Mesa. **PLEASE NOTE: No refunds or exchanges for one day classes.**

DATES	TIME	DAY	CLASS
3/16	10:00 AM-12:00 PM	Sa	3028

Fee: Resident \$10, Non-Resident \$12  
 Location: Civic Center Council Chamber  
 Instructor: Stephen O'Neil  
 Ages: All Ages

### Mission San Juan Capistrano & Mexican Rancho Period

A realistic discussion of the Franciscan missions and coming Spanish to early Orange County and the lives of the Native Americans during this time of up-heave. The change of Indians from "gentiles" to "neophytes" and learning a new way of life. In the second hour we will explore the Rancho Days of Saddleback Valley, discussing the change from mission lands and the neophyte community to large land grants and the coming of rancheros who settled the ranges- the Serrano, Sepulveda, Avila and Yorba rancheros, and the mission vaqueros who worked for them. Focus Topic- An in depth look at the Juan Avila family of Rancho Niguel by a family member. Optional Activity- Walk along Aliso Creek/Woods Canyon Trail, observing native plants and settlements used by the Acjachemen. **PLEASE NOTE: No refunds or exchanges for one day classes.**

DATES	TIME	DAY	CLASS
4/13	10:00 AM-12:00 PM	Sa	3029

Fee: Resident \$10, Non-Resident \$12  
 Location: Civic Center Council Chamber  
 Instructor: Stephen O'Neil  
 Ages: All Ages

### The Transition to Orange County

A travel through the changes from Mexican ranchos to Anglo ranches and farms, the coming of Moulton, Whiting, Forester and Irvine families and the great shift to an American agricultural economy and "The Boom of the Eighties." Focus Topic- An indepth look at the great Rancho Niguel of Laguna Hills, Laguna Woods, Aliso Viejo and Laguna Beach. Optional Activity- A tour of Heritage Hill County Park in Lake Forest to see the transition of housing from the Serrano to Whiting families, and old El Toro buildings. **PLEASE NOTE: No refunds or transfers for one day classes.**

DATES	TIME	DAY	CLASS
5/18	10:00 AM-12:00 PM	Sa	3030

Fee: Resident \$10, Non-Resident \$12  
 Location: Civic Center Council Chamber  
 Instructor: Stephen O'Neil  
 Ages: All Ages

## COMMUNITY CENTER FOSSIL TOUR

Join City staff for this free 30 minute guided tour of the Community Center lobby which is a showcase for regional fossil discoveries and is an educational treasure. The tour introduces community members to the ancient life that occupied Laguna Hills during the last 17 million years of the Earth's history. Participants meet at the Laguna Hills Community Center. Call (949) 707-2692 for more information. DATES: 3/2, 4/6, 5/4, & 6/1 from 11:00-11:30 AM.



# ACTIVITY SCHEDULE

## DANCE

### West Coast Movement Project



West Coast Movement Project invites you to join us this spring for Preschool level dance classes for children 3-4 years old. Our mission is to provide high caliber instruction at modest price points. All of our classes for 5 and older are closed for Spring, as our students are preparing for our Spring Dance Recital. Please check back in the summer for out full class offerings. **For mandatory dress code requirements, please visit [wcmovementproject.com](http://wcmovementproject.com).**

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
<b>Preschool Dance I - Tap &amp; Ballet</b>					<b>Age 3</b>
4/4-6/13	9:00-9:45 AM	Th	11	\$102/\$107	2987
4/5-6/14	10:30-11:15 AM	F	11	\$102/\$107	2988
<b>Preschool Dance II - Tap &amp; Ballet</b>					<b>Age 4</b>
4/2-6/11	9:00-9:45 AM	Tu	11	\$102/\$107	2989
4/5-6/14	11:15 AM-12:00 PM	F	11	\$102/\$107	2990

Location: LHCC  
Instructor: West Coast Movement Project

### Belly Dancing



From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot.

DATES	TIME	DAY	CLASS
<b>LEVEL I:</b>			
4/7-4/28	12:15-1:30 PM	Su	2964
5/5-5/26	12:15-1:30 PM	Su	2965
6/2-6/23	12:15-1:30 PM	Su	2966
Fee: Resident \$49, Non-Resident \$54			Class Sessions: 4
<b>LEVEL II: (12 week session)</b>			
4/7-6/23	1:30-2:45 PM	Su	2967
Fee: Resident \$120, Non-Resident \$125			Class Sessions: 12
<b>LEVEL III/IV: (12 week session)</b>			
4/7-6/23	3:00-4:15 PM	Su	2968
Fee: Resident \$120, Non-Resident \$125			Class Sessions: 12

Location: LHCC  
Instructor: Tina Elkins  
Ages: 10 and older

### Middle School Dance



Come and join us for this exciting Middle School Dance! If you are a student at La Paz, Los Alisos or Serrano Middle Schools, you are welcome to register. Tickets will be sold on a first come, first served basis. Tickets may be purchased at the Community Center; if paying with cash you must have exact change. Tickets must be purchased by a parent or legal guardian. Buy your tickets early, this event will sell out! Supervision provided by City Staff. You must bring your dance ticket and student ID card to get into the dance. For more information please call Todd at (949) 707-2690. Hope to see you there!

DATES	TIME	DAY	CLASS
3/29	7:00-9:00 PM	F	2881
6/7	7:00-9:00 PM	F	2983

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 12-14



The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.

As you browse the Spring Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

# ACTIVITY SCHEDULE



## PERSONAL DEVELOPMENT

### How to Sell on eBay!

Everyone has stuff stashed in closets, drawers, and garages. Others are paying for unnecessary storage areas! Why not make some money while helping others clear out their storage spaces at the same time? This class will teach you how to sell successfully on ebay. We will discuss organization, categorization and how to write posts for your items. Students will receive an informational handout on the first day of class and should bring supplies to take notes. **PLEASE NOTE: No refunds or transfers for two-day classes.**

DATES	TIME	DAY	CLASS
4/4-4/11	6:30-8:30 PM	Th	2943

Fee: Resident \$59, Non-Resident \$64  
 Location: LHCC  
 Instructor: Frances Greenspan  
 Ages: 18 and older  
 Class Sessions: 2

### The Veggie Kitchen



The Veggie Kitchen brings you easy and economical recipes that introduce the delicious world of vegetarian cooking! Learn how to make healthy and nutritious meals that are appealing to vegetarians and non-vegetarians alike. Classes are fun and informative. Bring your appetite as all recipes will be sampled! **NOTE: No refunds or transfers for one day classes.**

DATES	TOPIC	TIME	DAY	CLASS
4/6	Fresh and Flavorful Springtime Recipes	11:30 AM-1:00 PM	Sa	2957
5/4	The Cinco De Mayo Cooking Fiesta	11:30 AM-1:00 PM	Sa	2958
6/1	Meatless Meals: Where's the Protein!	11:30 AM-1:00 PM	Sa	2959

#### CLASS DESCRIPTIONS

**Fresh and Flavorful Springtime Recipes:** Delicious ideas to get the best of the season's bounty from the market to your table. A Veggie delight in every bite.

**The Cinco De Mayo Cooking Fiesta:** The veggie Kitchen presents a tasty sampling of South of the Border recipes that will bring you the flavors of Old Mexico.

**Meatless Meals: Where's the Protein:** Simple and nutritious recipe ideas to help you replace meat with plant proteins to make delicious and well balanced meals.

Fee: Resident \$15, Non-Resident \$17  
 Location: LHCC  
 Instructor: Ed Cervantes  
 Ages: 18 and older

### Fossil Finders Fossil Fixers

Have you ever wanted to be a paleontologist? Did you know the Laguna Hills Community Center was built on one of the richest Fossil sites in the United States? Join us for the day in our Fossil Finders Fossil Fixers program where children and parents will gain hands on experience in paleontology and learn about the rich fossil history of Laguna Hills. For more information please call (949) 707-2680.

DATES	TIME	DAY	CLASS
5/18	9:30-11:30 AM	Sa	3006

Fee: \$5  
 Location: LHCC  
 Instructor: Community Services Staff  
 Ages: 5-13

### Supersitters

In this information packed program, students will learn safety on the job, what to do in case of an emergency, appropriate toys and games, job hunting, how to prevent accidents, and much more! Through class handouts, lecture, and hands-on experience, teens will learn what is expected of them, what to expect in return and how to become the best Supersitter on the block! Bring a snack, notebook and a pen. Participants receive a certificate of completion at the end of class. A \$5 material fee is due to the instructor at the start of class-exact change would be appreciated. **PLEASE NOTE: No refunds or transfers for one-day classes.**

DATES	TIME	DAY	CLASS
6/28	6:00-9:00 PM	F	2944

Fee: Resident \$38, Non-Resident \$40  
 Location: LHCC  
 Instructor: Charlene Jordan  
 Ages: 11-16



# ACTIVITY SCHEDULE

## SPORTS & FITNESS

### Children & Teen Open Gym Basketball



Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guardian.

DATES	TIME	DAY
Ongoing	2:00-4:00 PM	M-F
	12:00-2:00 PM	Su

Fee: FREE  
 under  
 Location: LHCC

Ages: 17 and

### Adult Open Gym Basketball



Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
Ongoing	6:30-9:30 PM	F
	2:00-6:00 PM	Su

Fee: Resident \$30, Non-Resident \$40  
 Location: LHCC

Ages: 18 and older

### After School Sports



Intramural sports will be offered for boys and girls two days a week after school at each elementary school campus in Laguna Hills. Sessions begin with skill development and progress to intramural tournaments. Session I: Coed Soccer; Session II: Track & Field. All City Youth Track Meet will be held on Saturday, June 8th from 8am-12pm. Both sessions are open to students in grades K-6. Please call (949) 707-2690 for additional information. **NOTE: On minimum days practice will be held at 1:30 PM at Lomarena and Valencia and at 1:00 PM at San Joaquin.**

DATES	TIME	DAY	SCHOOL	SPORT	CLASS
<b>SESSION I:</b>					
3/18-4/24	2:45-4:00 PM	M W	Lomarena	Coed Soccer	2871
3/19-4/25	2:15-3:30 PM	Tu Th	San Joaquin	Coed Soccer	2873
3/19-4/25	2:45-4:00 PM	Tu Th	Valencia	Coed Soccer	2872
<b>SESSION II:</b>					
5/13-6/5	2:45-4:00 PM	M W	Lomarena	Track & Field	2998
5/14-6/6	2:15-3:30 PM	Tu Th	San Joaquin	Track & Field	2999
5/14-6/6	2:45-4:00 PM	Tu Th	Valencia	Track & Field	3000

Fee: \$35  
 Instructor: Community Services Staff

Grades: K-6  
 Weeks: 5

### Children's Running Program



Calling all future marathon runners! The City of Laguna Hills Community Services Staff is here to help you train for a fun 5K run this Memorial Day. As part of the City's Get Fit Campaign, this program has been designed for children of all fitness levels to work towards the goal of competing in the City of Laguna Hills Memorial Day 5K and Half Marathon. Come out and join Community Services Staff twice a week for seven weeks to train, prepare, and participate in the 5K run this Memorial Day. This program will teach you proper stretching exercises, build endurance and conclude with the 5K run on Monday, May 27th. All participants will receive a t-shirt and entrance into the 5K run as they achieve their training goals.

DATES	TIME	DAY	CLASS
4/8-5/22	4:00-5:00 PM	M W	3003
4/9-5/23	4:00-5:00 PM	Tu Th	3004

Fee: Resident \$20, Non-Resident \$25  
 Location: LHCC  
 Instructor: Community Services Staff

Ages: 8-13  
 Class Sessions: 14

### Zumba Gold Toning (Express)



The Zumba Gold-Toning program combines the enticing international rhythms of the Zumba Gold program with the strength training techniques of the Zumba Toning program, creating an easy-to-follow, health-boosting dance-fitness program for the active older adult. Through modified dynamic lightweight resistance training, participants can help improve mobility and heart health. Participants should bring water, a towel and 1 lb. or 2 lb. dumbbell hand weights. This is a 35 minute "express" class. For more information, contact Mia at [wcmovementproject@gmail.com](mailto:wcmovementproject@gmail.com) or (949) 495-2219 or visit [wcmovementproject.com](http://wcmovementproject.com).

DATES	TIME	DAY	CLASS
4/2-4/30	5:00-5:35 PM	Tu	2994
Fee: Resident \$30, Non-Resident \$35 Class Sessions: 5			
5/7-6/11	5:00-5:35 PM	Tu	2995
Fee: Resident \$36, Non-Resident \$41 Class Sessions: 6			

#### Discounted 3 month option:

4/2-6/11	5:00-5:35 PM	Tu	2996
Fee: Resident \$55, Non-Resident \$60 Class Sessions: 11			

Location: LHCC  
 Instructor: Mia Alicea

Ages: 50 and older

# ACTIVITY SCHEDULE



## SPORTS & FITNESS

### Zumba



Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do. Burn 500-800 calories an hour! Participants should wear comfortable attire, bring water and a towel. Be prepared to have a great time and expect to sweat! Ditch the workout...join the PARTY! To learn more about Zumba or the instructor, please visit [www.southcozumba.com](http://www.southcozumba.com).

DATES	TIME	DAY	SESSIONS	FEE (Res/Non-Res)	CLASS
4/2-4/30	7:00-8:00 PM	Tu	5	\$40/\$45	2969
5/7-5/28	7:00-8:00 PM	Tu	4	\$32/\$37	2970
6/4-6/25	7:00-8:00 PM	Tu	4	\$32/\$37	2971
4/3-4/24	8:30-9:30 AM	W	4	\$32/\$37	2973
5/1-5/29	8:30-9:30 AM	W	5	\$40/\$45	2974
6/5-6/26	8:30-9:30 AM	W	4	\$32/\$37	2975

#### 3 month option:

4/2-6/25	7:00-8:00 PM	Tu	13	\$104/\$109	2972
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Location: LHCC  
Instructor: Dina Martin-Rusk

Ages: 16 and older

### Children's Beginning Tennis



Come out and enjoy the sport of a lifetime! This class will provide an introduction to forehand, backhand, serving, scoring, and tennis etiquette. Concentration will be on hand-eye coordination drills, balance, and reaction times. Please bring your own racquet and one can of new, unopened tennis balls.

DATES	TIME	DAY	CLASS
4/5-5/10	4:00-5:00 PM	F	2984

Fee: Resident \$65, Non-Resident \$70  
Location: Mackenzie Park Tennis Courts  
Instructor: John Myers

Ages: 6-8  
Class Sessions: 6

### Children's Advanced Beginning Tennis



Come out and enjoy the sport of a lifetime! We'll continue skills from the beginning class and add to your skill level, focusing on forehand, backhand, serving, and tennis etiquette. Please bring your own racquet and one can of new, unopened tennis balls.

DATES	TIME	DAY	CLASS
4/5-5/10	5:00-6:00 PM	F	2985

Fee: Resident \$65, Non-Resident \$70  
Location: Mackenzie Park Tennis Courts  
Instructor: John Myers

Ages: 9-13  
Class Sessions: 6

### Teen & Adult Intermediate Tennis



For those players who know the basics of the game but wish to improve their skills. Instruction to improve strategy, develop a reliable serve, improve specialty strokes, and better understand the psychology of tennis. Please bring your own racquet and one unopened can of new tennis balls.

DATES	TIME	DAY	CLASS
4/5-5/10	6:00-7:00 PM	F	2986

Fee: Resident \$65, Non-Resident \$70  
Location: Mackenzie Park Tennis Courts  
Instructor: John Myers

Ages: 14 and older  
Class Sessions: 6

### FUNK Fitness



FUNK Fitness is a dance-cardio workout that keeps participants moving and melting calories away to Old School Funk, Hip Hop, R&B, Disco and more. Simple cardio and toning routines are designed for all fitness levels. Participants should bring water, a towel and 1 lb. or 2 lb. dumbbell hand weights. For more information, contact Mia at [wcmovementproject@gmail.com](mailto:wcmovementproject@gmail.com) or (949) 495-2119 or visit [wcmovementproject.com](http://wcmovementproject.com).

DATES	TIME	DAY	CLASS
4/13-6/15	9:00-10:00 AM	Sa	2993

**\*NO CLASS 5/11**

Fee: Resident \$54, Non-Resident \$59  
Location: LHCC  
Instructor: Mia Alicea

Ages: 18 and older  
Class Sessions: 9



# ACTIVITY SCHEDULE

## SPORTS & FITNESS

### Yoga Basics



This class covers yoga breathing and relaxation techniques, introducing different poses and movements for flexibility, strength, and peace of mind. We will begin with the basics and progress to more challenging movements and poses. Both beginning and ongoing students are welcome. Participants should wear comfortable clothing, please bring towel(s) and a mat.

DATES	TIME	DAY	CLASS
4/8-6/24	6:30-8:00 PM	M	2945
<b>*NO CLASS 5/27</b>			

Fee: Resident \$154, Non-Resident \$159  
 Location: LHCC  
 Instructor: Angie Knight

Ages: 14 and older  
 Class Sessions: 11

### Gentle Yoga



Find the Yoga Basics class too intense? Take the Gentle Yoga class to learn calming, restorative stretches that will help heal and release stress with an emphasis on breathing and relaxation. We use a lot of props in this class; please bring blanket(s), towel(s) and a mat.

DATES	TIME	DAY	CLASS
4/10-6/19	6:00-7:30 PM	W	2947

Fee: Resident \$154, Non-Resident \$159  
 Location: LHCC  
 Instructor: Angie Knight

Ages: 14 and older  
 Class Sessions: 11

## LOOKING FOR A VENUE FOR A PRIVATE FUNCTION OR BUSINESS MEETING?



The Laguna Hills Community Center is the focal point of the City's recreational, leisure, and cultural interests and an ideal place to host an event whether it is a wedding reception, business meeting, seminar, birthday party or other celebration. The 43,000 square foot building includes a large banquet facility, full-functioning catering kitchen, large classroom, art room, physical activity room and gymnasium as well as several picnic shelters in the adjacent Sports Complex. These facilities are available for rent through the Community Services Department. For additional information regarding these facilities, please call (949) 707-2680. The Community Center and Sports Complex reservation fee schedule is available on the City's website at [www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us).

# ACTIVITY SCHEDULE



## CIRCLE OF FRIENDS

The Circle of Friends Program is for individuals with disabilities who are age thirteen and older. Activities are designed to foster social skills, increase leisure opportunities, and create friendships while enhancing developmental needs for teens and adults of all abilities. Programs include movie nights, local excursions, social dances, and more! To be added to our Circle of Friends quarterly newsletter or to find out more about the program, please call (949) 707-2683.

### Pizza and Movie Night

Invite a friend and join us for a fun night of pizza and a movie at the Laguna Hills Community Center! Please RSVP in advance to (949) 707-2683.

DATES	TIME	DAY	CLASS
3/8	6:30-9:00 PM	F	2879

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 13 and older

### Karaoke Night

Invite a friend and join us for an exciting evening of karaoke at the Laguna Hills Community Center! Bring your favorite CD to sing-a-long with or use one of ours! Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
4/19	7:00-9:00 PM	F	3020

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 13 and older

### Indoor Sports Night

Grab your favorite sports jersey and join us for an exciting night of Basketball and Volleyball in the Community Center gym! Please RSVP in advance at (949) 707-2683. We hope to see you there!

DATES	TIME	DAY	CLASS
5/31	6:30-8:30 PM	F	3022

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 13 and older

### Summer Kick-off Dance

Come dance the night away at the Circle of Friends Summer Kick-off Dance! Bring a friend and join us for a special evening at the Laguna Hills Community Center. We hope you can come! Please RSVP to (949) 707-2683.

DATES	TIME	DAY	CLASS
6/28	7:00-9:00 PM	F	3023

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 13 and older

## PING PONG ANYONE?



Interested in drop-in ping pong, or even a ping pong league? If so, please call the Community Services Department at **(949)-707-2680** for more information.



# ACTIVITY SCHEDULE

## SPORTS LEAGUES

## EMERITUS

### Adult Basketball League



Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY	CLASS
Open League (18 & older)	4/23-7/9	6:30, 7:30, 8:30 PM	Tu	3011
Open League (30 & Older)	4/25-7/11	6:30, 7:30, 8:30 PM	Th	3012

Fee: \$325      Location: LHCC Gym      Ages: 18 and older

### Adult Softball League



Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY	CLASS
Men's "D"	4/22-7/8	6:30, 7:40, 8:50 PM	M	3015
Men's Upper "D"	4/23-7/9	6:30, 7:40, 8:50 PM	Tu	3016
Men's Lower "D"	4/24-7/10	6:30, 7:40, 8:50 PM	W	3017
Men's Upper "C"	4/25-7/11	6:30, 7:40, 8:50 PM	Th	3018
Competition Co-ed	4/26-7/12	6:30, 7:40, 8:50 PM	F	3019

Fee: \$425      Location: LHCC      Ages: 18 and older

### Adult Volleyball League



Registration for Adult Volleyball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$12 per game umpire fee.

LEAGUE	DATES	TIME	DAY	CLASS
Women's	4/22-7/8	6:10, 7:00, 8:00 PM	M	3013
Recreational Co-ed	4/24-7/10	6:10, 7:00, 8:00 PM	W	3014

Fee: \$225      Location: LHCC      Ages: 18 and older

### Saddleback College Senior Emeritus Program



These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; **the gymnasium is not air conditioned**. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

DAY	CLASS	TIME
<b>The following classes meet 1/22-5/23:</b>		
M/W	Yoga	9:00-9:50AM
M/W	Aerobic Exercise	10:00-10:50 AM
M/W	Pilates Conditioning	11:00-11:50 AM
T/Th	Sequential Stretching	8:30-9:20 AM
T/Th	Pilates Conditioning	9:30-10:20 AM
T/Th	Yoga	10:30-11:20 AM
Fri	Tai Chi	9:00-11:50 AM
Fri	Pilates Conditioning	10:10-11:55 AM

Location: LHCC

Ages: 50 and older

## BUILD A FORT VOLUNTEER INFORMATION

Volunteer Applications available beginning March 1  
 Volunteer Applications accepted March 12-May 30  
 Volunteer interviews June 8

## COMMUNITY TELEPHONE



Laguna Hills City Hall	949.707.2600
Laguna Hills Graffiti Hotline	949.707.2656
OC Public Technology Branch Library	949.707.2699
Orange County Sheriff's Dept. (24 hour)	949.770.6011
Florence Sylvester Memorial Senior Center	949.380.0155
Saddleback Valley School District	949.586.1234
Laguna Hills High School	949.770.5447
Department of Motor Vehicles	800.777.0133
South Orange County Chamber	949.635.5800
Orange County Animal Care Services	714.935.7419
MOMS Club of Laguna Hills	949.224.3065

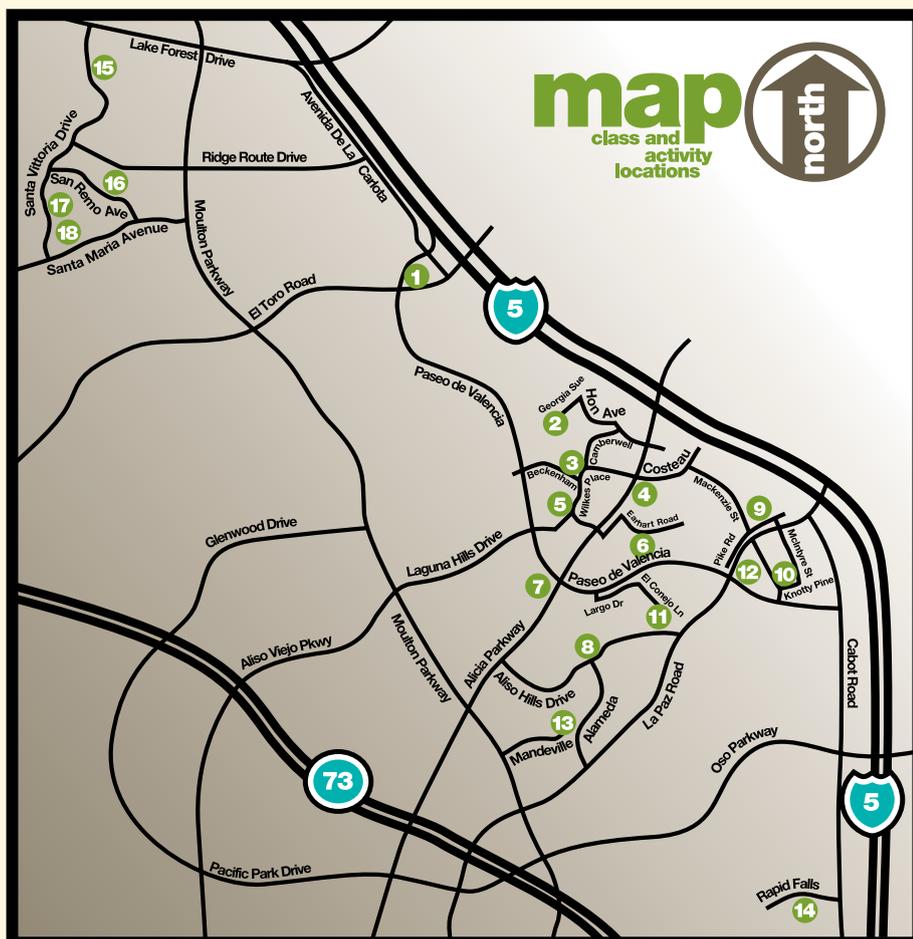


## SPORTS & YOUTH GROUPS

AYSO Region 1422	<a href="http://www.ayso1422.org">www.ayso1422.org</a>
Laguna Hills Little League	<a href="http://www.lhll.org">www.lhll.org</a>
Laguna Hills National Junior Basketball	<a href="http://www.lhnjb.net">www.lhnjb.net</a>
California Street Hockey Association	714.738.8329



# CLASS **ACTIVITY** LOCATIONS



- 1 City Hall
- 2 Clarington Park
- 3 Beckenham Park
- 4 Costeau Park
- 5 Stockport Park
- 6 Lomarena Elementary
- 7 LHCC & Sports Complex
- 8 Mendocino Park
- 9 Mackenzie Park
- 10 Knotty Pine Park
- 11 El Conejo Park
- 12 Valencia Elementary
- 13 Mandeville Park
- 14 Cabot Park
- 15 Veeh Ranch Park
- 16 San Remo Park
- 17 Santa Vittoria Park
- 18 San Joaquin Elementary

# City of Laguna Hills REGISTRATION FORM

**Spring Registration begins Tuesday, March 12, 2013**

## On-Line

[www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us)

## Walk-In

Laguna Hills Community Center  
at **25555 Alicia Parkway**

## Phone-In

Call **(949) 707-2680**, for credit card users only

## Mail-In

Make check payable to City of Laguna Hills,  
and mail it to:

**City of Laguna Hills  
Community Services  
25555 Alicia Parkway  
Laguna Hills, CA 92653**

## Information

- A \$35 fee is charged on all returned checks.
- Families enrolling more than one child in the same class taught by Community Services Staff will receive a 25% discount for additional children enrolled. Not applicable to special events, camps, after-school sports or contract classes.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.

Full refunds are issued for any class cancelled by the City. Refund requests made prior to the start of an activity will be granted without explanation but will be subject to a \$5 service charge per request. Refund requests must be made prior to the second class meeting.

No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

Adult Name \_\_\_\_\_  
Last First Date of Birth

Address \_\_\_\_\_  
Number Street City Zip

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ Email Address \_\_\_\_\_

TITLE OF CLASS	CLASS NUMBER	DATES	PARTICIPANT'S LAST NAME	PARTICIPANT'S FIRST NAME	BIRTH DATE	FEES (RESIDENT)	FEES (NON-RES)
						\$	\$
						\$	\$
						\$	\$
						\$	\$
						\$	\$

**FEES ARE SUBJECT TO CHANGE. INCOMPLETE FORMS WILL NOT BE PROCESSED AND PARTICIPATION IN A CLASS/EVENT REQUIRES A SIGNED AND COMPLETED REGISTRATION FORM PRIOR TO THE START OF THE CLASS/EVENT. ALL MINOR PARTICIPANTS MUST BE REGISTERED BY PARENT OR LEGAL GUARDIAN.**

total program fees \$ \_\_\_\_\_

## Release and Waiver of Liability and Indemnity Agreement

In consideration of the opportunity to participate in these activities, I hereby release, waive, and hold harmless the City of Laguna Hills ("City") and its Council members, officers, employees, agents, instructors, activity organizers and sponsors (collectively "City Representatives") from any and all suits, claims, damages, losses, injuries (including property damage, bodily injury, or death), and any other compensable loss of any time (collectively "Claims") to myself and "My Agents" (which includes my minor children, members of my organization, agents, and employees) arising out of participation in these activities, whether or not the negligence of the City or City Representatives contribute to or cause the Claims. This release does not apply to the extent the Claims are caused by the gross negligence or willful or wanton misconduct of the City or City Representatives. I further agree to defend and indemnify the City and City Representatives from any and all Claims directly or indirectly arising out of the acts or omissions of me or My Agents. I consent for video and photographs to be taken of me and My Agents for use in future City publications and understand that I and My Agents will not receive any compensation for such use.

**I CERTIFY THAT I HAVE READ AND UNDERSTAND THIS, AND AGREE ON BEHALF OF MYSELF, MY SPOUSE AND MY CHILDREN.**

Signature of Participant or Parent/Guardian of participant if under 18 years of age

Date