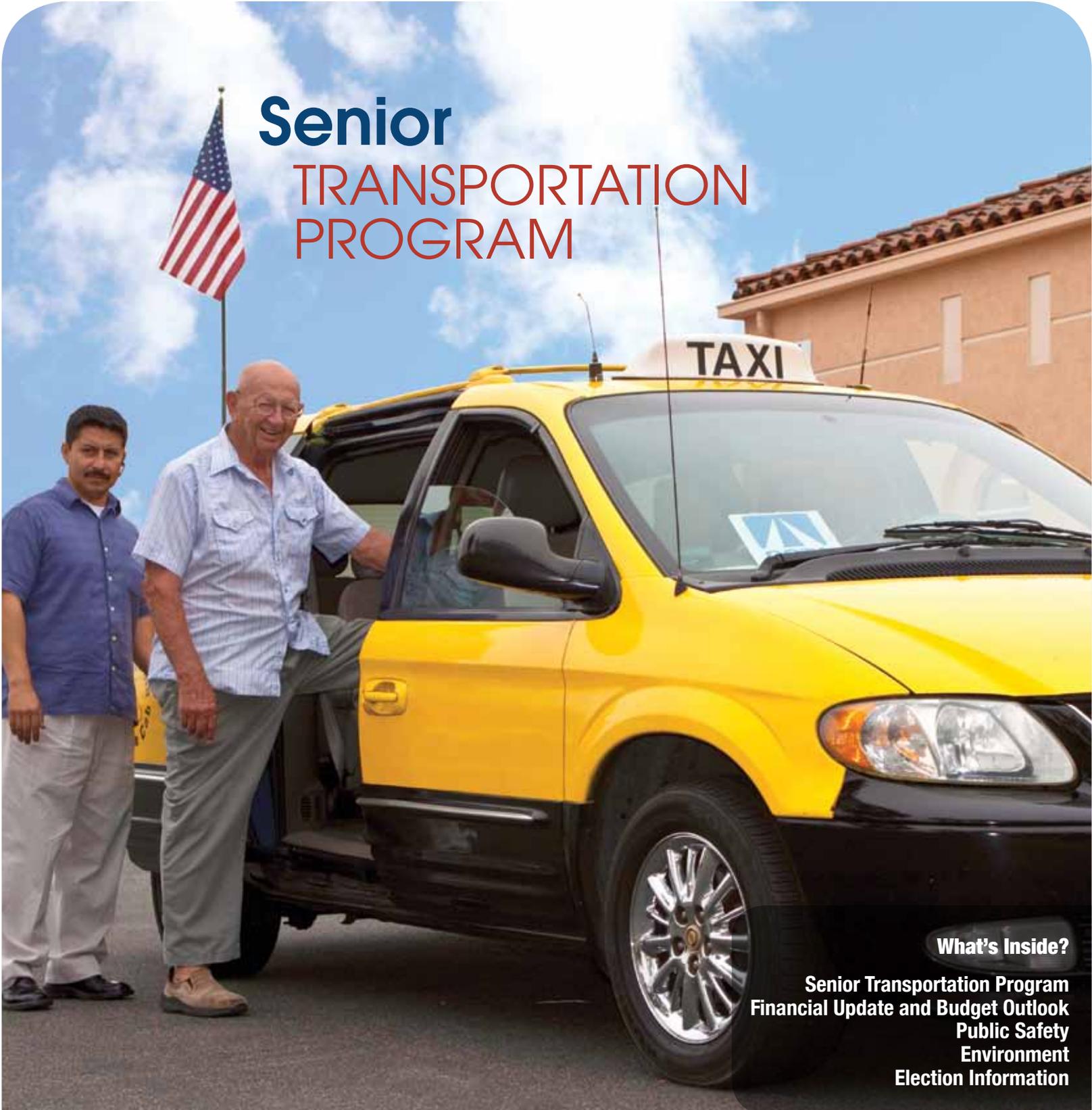




laguna hills

CITY VIEWS

Senior TRANSPORTATION PROGRAM



What's Inside?

Senior Transportation Program
Financial Update and Budget Outlook
Public Safety
Environment
Election Information



CITY HALL HOURS:

8 am – 5 pm Monday – Friday

ENGINEERING, PLANNING AND BUILDING COUNTER HOURS:

1 pm – 5:30 pm Monday – Thursday

1 pm – 5 pm Friday

Regular City Council Meetings are held on the second and fourth Tuesday of each month.

Traffic Commission Meetings are held on the third Wednesday of January, March, May, July, September and November.

Parks and Recreation Commission Meetings are held on the first Wednesday of February, April, June, August, October and December.

All meetings begin at 7 pm in the City Council Chambers.



LAGUNA HILLS CITY COUNCIL:

Randal Bressette
Mayor

R. Craig Scott
Mayor Pro Tem

Melody Carruth

Joel Lautenschleger

L. Allan Songstad, Jr.

A Message from the **CITY**

Fall is here and the City of Laguna Hills is keeping the excitement of summer alive with new programs and events to look forward to. Seniors are getting a little more help getting around town with the launch of the Senior Dial-A-Taxi program. Read more about this program on pages two and three. The City is also in the midst of the 2009-11 biennial budget cycle. Details on the budget can be found on pages four and five. Election Day is also coming this fall along with your chance to make your voice heard. Turn to page nine for more on voter information.

laguna hills **CITY VIEWS**

City Views is an award winning quarterly magazine published by the City of Laguna Hills and is distributed as a public service to City residents and businesses. We welcome your suggestions and feedback and value your involvement in the community. Please send or call in any comments or questions to:

Editor, City Views
City of Laguna Hills
Administrative Services Department
24035 El Toro Road
Laguna Hills, Ca 92653
Telephone: (949) 707-2620
www.ci.laguna-hills.ca.us



TABLE OF CONTENTS



02

02 Senior Transportation Program

- Access to the Program
- Registering
- Second Stop Option
- Senior and Disabled Transportation Resources



04

04 Financial Update and Budget Outlook

- Emerging from the Recession
- Highlights from the 2009-11 Biennial Budget
- Eight Year Financial Plan
- City Manager Compensation
- Pension Tsunami?



06

06 Public Safety

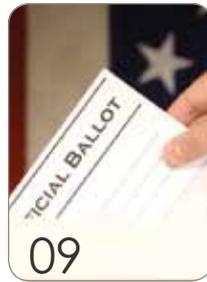
- School Safety
- Soliciting Ordinance



08

08 Environment

- Keeping Plants and the Ocean Healthy this Fall
- Yard Maintenance Tips
- Cleanup Day 2010



09

09 Election Information

- Voter Information
- Polling Volunteers
- Orange County's "MyBallot" High School Program

ON THE COVER

Senior residents that no longer drive are getting a little help from the City and the new Dial-A-Taxi program. Read more about the program and how qualifying seniors can sign up on pages two and three.



DIAL-A-TAXI

Senior Transportation Program

The City of Laguna Hills is always looking for new and creative ways to improve the quality of life for its residents.

In an effort to help seniors that no longer drive, the City recently launched the Senior Dial-A-Taxi Program. The program is funded through the Orange County Transportation Authority and is designed to provide door-to-door taxi service to Laguna Hills residents that are 80 or older, 65 and disabled or at least 60 with an impairment that prevents driving. The City has teamed up with the City of Mission Viejo to allow residents from either City to use a taxi to go anywhere within either City for the price of \$15 one way of which the resident pays \$5 and the City pays \$10.

The following are the rules for the Dial-A-Taxi Program:

- Fixed rate of \$5 per trip payable by resident and \$10 subsidy from the City (one-way)
- Travel is permitted anywhere within the combined city limits of Mission Viejo and Laguna Hills

- Travel to and from select satellite locations outside of Laguna Hills or Mission Viejo is also available to the following locations.
 - o Age Well Adult Day Health Care Center, 24300 El Toro Rd., Building A, Laguna Woods
 - o South Coast Orthopedic Specialists (Laguna Woods)
 - o Lake Forest Nursing Center, 25652 Old Trabuco Rd., Lake Forest
 - o Freedom Village 23442 El Toro Rd., Lake Forest
 - o Laguna Niguel/Mission Viejo Metrolink Station, 28200 Forbes Rd., Laguna Niguel
 - o Irvine Metrolink Station, 15215 Barranca Parkway, Irvine

Access to the Program

The program is available to registered and qualified seniors seven days a week, twenty four hours a day, including holidays, and service can be scheduled an hour ahead of the desired time or weeks or months in advance. Service can be scheduled by calling (866) 424-1706 and following the automated prompts;

- Residents with fixed appointment times are encouraged to call 24 hours ahead of their desired pick-up time.
- Residents that require a vehicle with a lift are encouraged to call 48 hours in advance to ensure a properly equipped vehicle arrives.



Registering

Residents that qualify or have questions about qualifying can complete a Dial-A-Taxi application form and return it to the Laguna Hills Community Center, located at 25555 Alicia Parkway, Laguna Hills, CA 92653, Monday – Saturday from 8:00a.m. – 10:00p.m. and on Sunday from 12:00p.m. – 6:00p.m. or the form can be found online at www.ci.laguna-hills.ca.us under “Departments” and “Community Services”

When registering/verifying for the program all applicants must bring the following information to the photo appointment to verify/confirm program eligibility:

- Proof of Laguna Hills residency
- Proof of age and/or disability (with disability verification form)
- Proof of loss of driver’s license and/or inability to drive

Second Stop Option

Since the Senior Dial-A-Taxi program was designed to help senior residents that aren’t able to get out much, the “second stop option” allow these residents to do multiple things when out on their cab rides. This service is designed to allow residents to complete quick errands such as a trip to the dry cleaners, shoe repair or pharmacy. **Residents are allowed to take a maximum of 20 minutes for these errands while the taxi driver agrees to wait outside.** This service is paid separately by the City, but residents are encouraged to tip the drivers that provide this added service.

For more information on this program, please go to http://www.ci.laguna-hills.ca.us/depts/commsvcs/dial_a_taxi.asp.

Senior and Disabled Transportation Resources

If you don’t qualify for the new Senior Transportation Program, here are some other transportation resources.

1. OCTA Big Bus/Fixed Bus Route System

(800) 636-7433

Seniors/Disabled – .60 cents per boarding;
\$1.25 for a day pass

2. OCTA/ACCESS

Service (rates subject to change)

(714) 560-5956

Access reservations/applications/information –
(877) 628-2232

Shared ride program for individuals who are physically and/or cognitively disabled and unable to use the regular fixed route bus systems

3. Same Day Taxi Service

(ACCESS only customers)

(800) 636-7433

OCTA pays \$7.30, rider pays first \$2.70 and all costs over \$10.00 metered.

4. Non-Emergency Medical Transportation

(949) 855-9766 (c/o South County Senior Services)
or (800) 510-2020

- Must be 60 years of age or older
- Must not be an OCTA ACCESS customer or eligible for ACCESS service
- Rides are scheduled 24 hours in advance
- Cost per one-way ride is \$2.00 paid to driver (exact change required)
- Program hours: Monday-Friday
7:00a.m. – 6:00p.m.; wheelchair accessible

FINANCIAL UPDATE AND BUDGET OUTLOOK



Emerging from the Recession, Laguna Hills' Bright Financial Future

As the economy continues to slowly improve, the City of Laguna Hills looks forward to continued financial prosperity in the midst of the 2009-11 Biennial Budget Cycle. The City Council approved the City budget in June of 2009 with a focus on conservative fiscal policies designed to ride out the recession and look toward modest recovery in 2010-11. Given the rise and fall of the economy from the mid to late 2000s the City is currently seeing a decline in general fund revenues from the peak of 2006-07 yet still remains financially strong. The City has retained this financial health through fiscal restraint and responsible planning when the economy was still strong. The City cut expenses through a City personnel reorganization plan that began in late 2007, and by refinancing our debt this past January. Earlier this year the City's credit rating was upgraded to AA+ in recognition of its excellent financial management.

A recent report by City Staff stated that in the short term it's expected that the City will complete the 2009-11 biennial budget in a strong financial position. Looking both mid- and long-term, the City's financial position is expected to improve.

Highlights from 2009-11 Biennial Budget Update

- A projected operating surplus of over \$1.2 million
- A projected June 30, 2011 total fund balance of over \$10.1 million
- The City's \$12.3 million capital improvement and infrastructure investment program will be fully implemented
- The City will expend \$7.3 million of competitive grants the City was awarded
- The budgeted General Fund contribution to capital projects has been reduced from \$1,154,973 to \$571,534
- General Fund revenues are projected to come in at 93.6 percent of budget
- General Fund expenditures are projected to come in at 97 percent of budget
- Debt service has been reduced by 10.8 percent as a result of the City's recent refinancing project

Eight-Year Financial Plan

The City ensures financial security through long-term planning such as the eight-year plan that the City is using now. This plan is accounting for a slow recovery and an environment of low inflation. Overall, the plan is very conservative and does not anticipate new growth and development even though there will most likely will be new development in the City over the next seven to eight years. Even using these conservative assumptions, the City's long-term financial outlook is strong and positive.

Laguna Hills' Response to the City of Bell Controversy

Public sector employee pay and benefits have been in the news lately with troubling stories about exorbitant pay for top officials in the City of Bell, CA, where the City Manager topped the list with an annual salary of nearly \$800,000. In response to this situation, the City of Laguna Hills wants to inform residents about their compensation package of their City Manager, Bruce Channing. The City Manager's annual salary is \$233,592. City Manager full-time salaries in Orange County range from a low of \$166,104 to a high of \$324,000. Each year, the City Manager is also eligible to earn up to 10 percent in additional merit pay at the discretion of the City Council, following his annual performance review. In addition to his salary, the City Manager receives retirement, health and other benefits, including the use of a city-owned vehicle. The total combined value of this additional compensation is about \$108,000. While the type of benefits offered to City Manager's throughout the County varies, the value of the compensation paid to the Laguna Hills City Manager is comparable with what other public sector executives earn and commensurate with his 34 years of experience in local government.

Mr. Channing graduated from the University of Southern California with a Masters degree in Public Administration. He completed his undergraduate work at the University of California, Santa Barbara, with a degree in Political Science. Prior to coming to Laguna Hills in 1991 as the City's first City Manager, he worked for the cities of Santa Barbara, Santa Monica, Pasadena and Yorba Linda.

Laguna Hills is Business Friendly

The City of Laguna Hills was recently featured as a business friendly city in the 16th edition of the *Kosmont-Rose Institute Cost of Doing Business Survey*. The *Survey* is recognized in hundreds of communities throughout the United States as a leading source of information on municipal business taxes, development fees, and economic incentives. The *Survey* gives Laguna Hills nationwide exposure for business opportunities, as it is used by both public and private sector professionals as a guide for comparing communities and making fiscally prudent development and site location decisions.

Pension Tsunami?

Not at the City of Laguna Hills

Across the state and in a number of media outlets there has been talk of a "pension tsunami" or devastating wave of retirement benefits that will soon hit a large number of California governmental agencies and cause financial strain and cutbacks. This situation was brought about by a combination of enriched defined benefit plans and the large investment losses incurred by pension funds in 2008-09. The California Public Employee Retirement System (CalPERS), of which Laguna Hills is a member, incurred a 23.4 percent loss in 2008-09. CalPERS has dealt with the 2008-09 loss without relying on future investment returns. As a result, employer rates will be increased from 2011-12 and through 2014-15. For Laguna Hills in 2014-15 the full impact is projected to be \$121,500 and represents a 0.6 percent of the projected 2014-15 operating expenditures. While many other cities will be struggling with this pension issue, careful planning has protected Laguna Hills. The City's conservative position on financial decisions has protected the City from risky financial impacts. The City of Laguna Hills is the only City in Orange County to still retain the traditional and sustainable 2% at 60 formula of CalPERS.

PUBLIC SAFETY



Drivers watch out for school children in the streets! Make sure to always stop for school buses. Watch for children walking and bicycling. If you see a child at a crosswalk, it's best to assume they intend to cross the street. If you drive your child to school, remember to leave early and to be patient. Drive slowly and attentively in school zones.

Keep Your Kids Safe This School Year!

Thanks to our safe schools, kids are in good hands during the school day. But what about their safety before school starts and after the last bell rings? Make sure your kids follow these tips to stay safe during the school year.

To and From School

- Find a buddy. Have your children walk to the bus stop with you, a friend, sibling, or familiar neighbor. Talk to them about never walking alone.
- Do not talk to strangers. Explain the dangers of strangers. Tell them to not go anywhere with strangers or take anything from them.
- Quiz your kids on their phone number and full address. If they can't remember, write it on a bright piece of paper and keep it handy in their backpack.

After School

- Home alone. If home alone, have your children call and check in with you and make sure to let them know when you will be home. Make a list of emergency numbers and post them on the fridge.

- Keep them busy. Give your kids chores or activities to keep them busy if they are home alone.

In the Classroom

- Talk to your children about kids at school. Let them know that if another kid asks them to do something they don't feel comfortable doing, don't do it. Period.
- Let them know there is a difference between tattling and telling. Tattling gets someone into trouble and telling gets someone out of trouble. It is always ok to tell.
- Remind them to not fight. Talk things out or see a teacher to resolve an issue with another student. Violence is never the answer.
- Most importantly, remind your kids to study hard and have fun!

Keeping Solicitors in Check

The City of Laguna Hills allows soliciting, but with specific rules for solicitors. On June 22nd, the City Council passed an ordinance that requires charitable and commercial solicitors to follow certain rules and specific regulations.

The purpose of the soliciting ordinance is to protect and promote the public peace, health, and safety by imposing reasonable restrictions on the time, place, and manner of door-to-door solicitations in the residential areas of the City. The City Council found that such regulations are needed to protect residents in their homes from undue annoyance, such as intimidating and abusive solicitors and intrusions upon the hours of rest, and to prevent crime by discouraging potential or convicted criminals from posing as solicitors.

Soliciting in the following manner is prohibited in Laguna Hills:

- Between the hours of 6:00 PM and 8:00 AM, except by prior appointment.
- At any house, apartment, or dwelling to which a sign indicating "NO SOLICITORS" or something similar is affixed.



- At any house, apartment or dwelling within a homeowners' association (HOA) that maintains private streets, where:
 - o The HOA has posted on each entry way to the subdivision a notice similar to:
 - Solicitation or peddling at any house, apartment, or dwelling unit within the area on the below map is prohibited and subject to criminal prosecution and a fine of up to \$1,000.00.
 - o A map depicting the area within the homeowners' association is attached to the notice, and
 - o The homeowners' association has requested in writing that the City extend the provisions of this Chapter upon the HOA property.
- Using profane or abusive language or making verbal threats, either during the solicitation or following the refusal.
- Stepping onto or over the threshold of a doorway, unless invited to do so by the occupant.
- Placing hands, legs, or any portion of the solicitor's body in the doorway so that it reasonably appears that the door may not be closed, unless allowed to do so by the occupant.
- Refusing to leave the premises when asked to do so by the occupant.
- Knowingly making false statements or misrepresentations about the purpose of the solicitation.

Residents can take a proactive step towards reducing or eliminating solicitors at their doorstep by posting a "No Soliciting" sign at their front door. While most solicitors are law abiding, and will not contact a resident who has posted a sign, the ones who ignore it will be subject to arrest. If you are contacted by a solicitor that does not follow these rules please call 911 and a Sheriff's Deputy will be dispatched, thereby helping to reduce these unwanted visitors to your home or business.

ENVIRONMENT



Keep Plants and the Ocean Healthy This Fall

As fall quickly approaches we're often tempted to bring back green lawns and spruce up our yards with chemicals, fertilizers and lots of water.

While this may not seem like a dangerous combination, the fertilizers and chemicals that enhance our yards can get carried into creeks and bays through excessive watering. Once in these bodies of water, the fertilizers cause algae and other plants to grow, which steals oxygen from marine life. This struggle for oxygen can lead to smaller populations of some species. Fertilizers and plant food should be applied to lawns and plants only when the weather forecast is sunny without a chance of rain and the area should not be watered after application.

Even in times when fertilizers are not in use, excessive watering can hurt more than just your wallet. Streams of excessive water can carry dirt, grass clippings, litter, brake dust from cars and other pollutants into our waterways, which can damage marine life. Watering should be only done once the soil is checked for moisture below the surface and seems almost dry; this will be different for every yard. For more information on how to adjust your water schedule go to www.bewaterwise.com.

Yards can be maintained by observing a few simple rules

- Don't water when you're planning on placing fertilizer on your yard.
- Before watering check the soil moisture level below the surface, it should be almost dry before watering.
- Water early in the morning to avoid evaporation.
- Set irrigation timers to reflect seasonal water needs, i.e. less in the wet winter months.
- Adjust your irrigation schedule by using the water index at www.bewaterwise.com.
- Replace your landscape with native plants that require less water.

Help Keep Our Waters Clean!

The City of Laguna Hills is hosting a creek cleanup as part of the 14th annual Inner-Coastal Watershed Clean-Up Day. Families, Volunteer Groups, and Residents are invited to come out and do their part to keep our creeks, watersheds, and trails preserved for generations to come.

The event is being held at the Laguna Hills Community Center on Saturday, September 25, 2010, from 8am-Noon. For more information contact the City of Laguna Hills Public Services Department at (949) 707-2657.

Saturday September 25, 2010
Laguna Hills Community Center
25555 Alicia Pkwy.
Laguna Hills, CA 92653



ELECTION INFORMATION

Election Day is on its way!

Voter Registration

To vote, you must be registered at least 15 days prior to Election Day. The last day to register for the November 2 election is October 18. Registration forms are available online at the Registrar of Voters web page: www.ocvote.com/vote/howtoregister.htm or can be picked up at City Hall. If you prefer, voter registration forms can be mailed to you. For more information, contact the City Clerk at (949) 707-2635.

Vote By Mail

Voters may file an application for a vote-by-mail ballot with the Registrar of Voters between October 4 and October 26. The application can be accessed at the Registrar's website, www.ocvote.com or on the back of the sample ballot received prior to the election. Your vote-by-mail ballot must be received at the Registrar's Office in Santa Ana or at any poll in Orange County before the polls close at 8:00 p.m. on Election Day.

Where Is My Polling Place?

Your polling place will be listed on the sample ballot received prior to the election. You can also find your polling location by accessing the Registrar of Voters web page at www.ocvote.com/vote/polling.htm

VOLUNTEER POLL WORKERS NEEDED!

A typical Orange County election has more than 1,000 polling places. Each polling place needs about six volunteers. That's 6,000 volunteers needed for every county-wide election.

Volunteers must be:

- A U.S. Citizen
- At least 18 years old
- Registered to vote
- Free from jail and parole
- Able to read and speak English fluently (Bilingual skills a plus)
- Willing to work from 6:00 a.m. – 9:30 p.m. on Election Day
- Able to attend a short training course

Volunteers may earn a stipend for attending the training seminar and working on Election Day. If you'd like to volunteer at a polling place on Election Day, simply contact the Registrar of Voters at 714-567-7600, or log on to www.ocvote.com/volunteer/.

Orange County's "MyBallot" High School Program

Although the U.S. Constitution has been amended several times to expand voting rights for citizens, many students don't fully understand the impact of these historical changes. The Orange County Registrar of Voters' unique new "MyBallot" program developed exclusively for high school students is a comprehensive three-step series, which includes in-class lessons on the history of voting, creating ballots and vote tabulation. The "MyBallot" program is a powerful curriculum that builds on students' skills in English, Math and Civics.

To learn more about the MyBallot student program, log on to www.ocvote.com/myballot/ or call the Registrar of Voters at 714-567-7600.



2010 FALL

COMMUNITY SERVICES

ACTIVITY GUIDE



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CALENDAR OF EVENTS

- Aug 24** Fall Registration Opens
- Sept 17** Parents Night Without the Kids
- Oct 15** Circle of Friends Halloween Dance
- Oct 21** Disability Fair
- Oct 30** A Ghostly Affair
- Nov 5** Circle of Friends Broom Hockey
- Nov 11** Parents Night Without the Kids
- Dec 4** Breakfast with Santa
- Dec 10** Circle of Friends Holiday Dinner Dance
- Jan 1** Rose Parade Excursion

NEW NEW THIS FALL!

- Story Books in Motion
- Holiday Crafts & Cooking
- Kindergarten, Here I Come! (NEW DAY)
- Yoga Flow (NEW TIME)

REGISTER EARLY

Help us avoid cancelling a class due to low enrollment... Remember to register early! For details on how to register for classes, see the registration form on the previous page.

STAY INFORMED

If you'd like to receive email notification on upcoming classes, programs and events please call (949) 707-2683 or email ksteinbarger@ci.laguna-hills.ca.us.



2 Special Events



2 Excursions

3-6 Early Childhood

6-7 Cultural Arts

7-9 Dance

9 Personal Development



10-12 Sports & Fitness

13 Circle of Friends

14 Sports Leagues

14 Emeritus





ACTIVITY SCHEDULE

SPECIAL EVENTS

A Ghostly Affair

BOO-OO-OO! You are invited to join us for a morning of hair-raising fun. Our Ghostly Affair includes ghoulish snacks, exciting games, Halloween crafts, tons of prizes, and plenty of opportunities for great pictures, so don't forget your camera!

DATES	TIME	DAY	CLASS
10/30	10:00-11:00 AM	Sa	1641

Fee: Resident \$8, Non-Resident \$13 per child Ages: 6 and under
Location: LHCC

Breakfast with Santa

Ho, Ho, Ho! Santa will be arriving at the Laguna Hills Community Center for a morning full of holiday fun! Join us for a special celebration complete with a scrumptious pancake breakfast, photos with Santa, and holiday crafts! Children must be accompanied by a paying adult. Sign up soon, space is limited and **registration closes December 1st!**

DATES	TIME	DAY	CLASS
12/4	9:00-10:30 AM	Sa	1642

Fee: Resident \$10, Non-Resident \$15 per person Ages: 1 and older
Location: LHCC

EXCURSIONS

The Rose Parade

Join us for an exciting New Year's Day celebration! This special excursion includes round trip deluxe motor coach transportation to and from the Laguna Hills Community Center and reserved grandstand seating at 1580 E. Colorado Blvd. Restrooms are available on the motor coach. Participants meet in front of the Community Center at 6:00 AM SHARP. Juice, coffee, and muffins will be served. Register early, space is limited!

DATES	TIME	DAY	CLASS
1/1	6:00 AM-1:00 PM	Sa	1643

Fee: Resident \$115, Non-Resident \$120 per person Ages: All ages
Location: Meet at LHCC

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.



As you browse the Fall Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.

ACTIVITY SCHEDULE



EARLY CHILDHOOD

CULTURAL ARTS

Tunes and Tales

Sing-a-longs and fingerplays are followed by music and movement activities in this fun-filled class for you and your child. Using bean bags, rhythm sticks, instruments, and a parachute, the kids will have a great time while developing their listening and social skills. Join Ms. Vivian in her 17th year of teaching this fun-filled class. Parent participation is required. Siblings: 25% discount.

DATES	TIME	DAY	CLASS
9/21-10/19	9:30-10:10 AM	Tu	1512
11/2-11/30	9:30-10:10 AM	Tu	1672

Fee: Resident \$48, Non-Resident \$58
Ages: 1 ½ - 2 ½

DATES	TIME	DAY	CLASS
9/21-10/19	10:15-11:10 AM	Tu	1515
11/2-11/30	10:15-11:10 AM	Tu	1673

Fee: Resident \$53, Non-Resident \$63
Ages: 2 ½ - 4

Location: LHCC
Instructor: Vivian Stapleton

Class Sessions: 5

Christmas Tunes and Tales

Join us as we sing and play our way through Christmas carols and holiday music. We'll use jingle bells, instruments, a parachute and more as we sing about Rudolph and Santa. We'll also have time to read a holiday story. Let's get ready for "the most wonderful time of the year" together! Each registered child will receive a small gift. Parent participation is required. **PLEASE NOTE: No refunds or transfers for one day classes.**

DATES	TIME	DAY	CLASS
12/8	9:30-10:25 AM	W	1674
12/8	10:30-11:25 AM	W	1675

Fee: Resident \$15, Non-Resident \$17

Ages: 2-4

Location: LHCC
Instructor: Vivian Stapleton

Music Together

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information, please visit www.svmusicstogether.net. Siblings: Resident \$125, Non-Resident \$135.00. Babies under 8 months free with registered sibling. \$40 material fee must be paid to instructor on first day of class (includes 2 CDs, illustrated songbook and parent guide).

DATES	TIME	DAY	CLASS
9/22-12/1	9:00-9:45 AM	W	1677
9/22-12/1	10:00-10:45 AM	W	1678
9/22-12/1	11:00-11:45 AM	W	1679

NO CLASS 11/24

Fee: Resident \$135, Non-Resident \$145

Ages: 1 month-4 yrs

Location: LHCC

Class Sessions: 10

Instructor: Music Together Staff

Holidays with Music Together

Jingle those bells and deck the halls for a special Holiday with Music Together class! Sing and dance to your favorite holiday songs with bells, shakers, scarves, finger plays, and a holiday instrument jam session. Join us for juice, cookies, and holiday cheer! Sibling fee: \$10 Residents, \$12 Non-Residents. Parent participation is required. **PLEASE NOTE: No refunds or transfers for one day classes.**

DATES	TIME	DAY	CLASS
12/15	9:00-9:45 AM	W	1680
12/15	10:00-10:45 AM	W	1681
12/16	9:00-9:45 AM	Th	1682
12/16	10:00-10:45 AM	Th	1683

Fee: Resident \$15, Non-Resident \$17

Ages: 1 month-4 yrs

Location: LHCC

Instructor: Music Together Staff

PERSONAL DEVELOPMENT

Tot & Preschool Lango Spanish

Structured fun and play form the foundation for our dynamic, full-immersion Lango Spanish class. Children ages 18 mos - 5 yrs (parent participation required for under age 3) will learn simple Spanish phrases through music, arts & crafts, playful repetition, and a lot of movement. Students will become familiar with more complex aspects of the language by engaging in "adventures" that require them to solve simple problems - in Spanish of course! These adventures, starring the Lango Kids, our multi-cultural cast of characters, take students to other lands and cultures to ensure that their language instruction is combined with cultural exposure. A one time per family \$35 material fee is due to instructor on the first day of class. Make-up classes are available. Please call Gaby at (949) 463-3081 or visit www.langokids.com for more information.

DATES	TIME	DAY	CLASS
9/13-12/13	10:00-10:45 AM	M	1701

NO CLASS 11/22

Fee: Resident \$195, Non-Resident \$205

Ages: 1 ½-5

Location: LHCC

Class Sessions: 13

Instructor: Lango Laguna LLC



ACTIVITY SCHEDULE

EARLY CHILDHOOD

Kindergarten, Here I Come!

NEW DAYS

Taught by a fully credentialed teacher, this exciting kindergarten readiness program will offer pre-schoolers crucial social and academic skills to prepare them for school. This parent participation program is designed for 4-5 year olds and will be thematically planned with lessons including language arts, math, social studies, science, and art. Please bring a snack each day as there will also be a daily snack and recess time. **Children must have turned 4 years old by September 1, 2010 to register.** Parents will only need to sign-up to volunteer in the classroom for three lessons.

DATES	TIME	DAY	CLASS
10/4-12/17	9:00 AM-12:00 PM	M W F	1676
NO CLASS 11/26			

Fee: Resident \$360, Non-Resident \$370
Location: LHCC
Instructor: Jennifer Migliaccio

Ages: 4-5
Class Sessions: 32

Parents Night WITHOUT the Kids!

Parents, wouldn't it be nice to have an evening out without the kids? The City of Laguna Hills Community Services Staff have planned an evening for your children to include dinner, games, crafts and movies. Children must be potty trained. **PLEASE NOTE: No refunds or transfers for one day classes.**

DATES	TIME	DAY	CLASS
9/17	6:00-9:30 PM	F	1697
11/12	6:00-9:30 PM	F	1700

Fee: Resident \$20, Non-Resident \$25
Location: LHCC
Instructor: Community Services Staff

Ages: 3-10

Story Books In Motion

NEW

Come join our adventure as we travel through story books. Your child will take part in creative crafts and activities while reading their favorite story. Parent participation is required.

DATES	TIME	DAY	CLASS
9/13-10/4	10:00-11:00 AM	M	1685

Fee: Resident \$40, Non-Resident \$45
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 4

Tot Time

Sift, pour, touch, and smell. Come and join the world of tots. This is a non-structured class where toddlers will have the opportunity to experience new activities and make new friends. Parent participation is required.

DATES	TIME	DAY	CLASS
9/15-10/6	10:00-10:45 AM	W	1686

Fee: Resident \$25, Non-Resident \$30
Location: LHCC
Instructor: Community Services Staff

Ages: 1-2 ½
Class Sessions: 4

Lets Make Dough

Cookie dough, play dough, oatmeal dough and more, excite the imagination and senses of your little ones. Be sure to take part in this ooey, gooey, sticky, and chewy class that includes creative projects and fun activities. Parent participation is required.

DATES	TIME	DAY	CLASS
9/17-10/8	10:00-11:00 AM	F	1687

Fee: Resident \$30, Non-Resident \$35
Location: LHCC
Instructor: Community Services Staff

Ages: 2 ½-4
Class Sessions: 4

Playtime!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This special program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination, and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained.

DATES	TIME	DAY	CLASS
10/5-12/16	11:30 AM-2:00 PM	Tu Th	1692
NO CLASS 11/23 & 11/25			

Fee: Resident \$175, Non-Resident \$180
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 20

REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.

ACTIVITY SCHEDULE



EARLY CHILDHOOD

Jungle Safari

Hang on to your hats and glasses! We're off on a safari in this exciting craft class. Have a roaring good time as we head on a different safari each week discovering all the types of animals that live in the jungle. Parent participation is required.

DATES	TIME	DAY	CLASS
10/11-11/1	10:00-11:00 AM	M	1690

Fee: Resident \$40, Non-Resident \$45
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 4

Lil' Chefs



YUM YUM! This is an introductory hands-on cooking class for you and your child to enjoy together. Class includes simple, healthy, and fun recipes along with crafts to create while your food cooks. Parent participation is required. Please notify staff if your child has any food allergies or special dietary restrictions at least two weeks prior to the first day of class, (949) 707-2680.

DATES	TIME	DAY	CLASS
10/13-11/3	11:00 AM-12:00 PM	W	1691

Fee: Resident \$35, Non-Resident \$40
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 4

Fun with Fruits and Veggies



Mmm, mmm good! We love our fruits and veggies and we want you to love them too! Come and join this class learning how to create fun crafts and treats with fruits and veggies! Parent participation is required. Please notify staff if your child has any food allergies or special dietary restrictions at least two weeks prior to the first day of class, (949) 707-2680.

DATES	TIME	DAY	CLASS
10/15-11/5	11:00 AM-12:00 PM	F	1693

Fee: Resident \$40, Non-Resident \$45
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 4

Holiday Crafts & Cooking

NEW



It's that time of year! The holidays are almost here! The elves and turkeys have slaved all year, so come learn how to spread some holiday cheer! With cooking new recipes and crafts delight, your holiday season will be a great sight! Parent participation is required.

DATES	TIME	DAY	CLASS
11/12-12/10	10:00-11:00 AM	F	1699

NO CLASS 11/26

Fee: Resident \$40, Non-Resident \$45
Location: LHCC
Instructor: Community Services Staff

Ages: 3-5
Class Sessions: 4

Holiday Drop Off Class

Parents, wouldn't it be nice to finish your holiday shopping, kid free? The City of Laguna Hills Community Services Staff have planned a fun filled day of games, holiday crafts and activities. This day of fun is offered to children ages 3 and up. Please bring a sack lunch. Children must be potty trained. Siblings receive a 25% discount. **PLEASE NOTE: No refunds or transfers for one day classes.**

DATES	TIME	DAY	CLASS
12/18	9:00 AM-1:00 PM	Sa	1750
12/20	9:00 AM-1:00 PM	M	1751
12/21	9:00 AM-1:00 PM	Tu	1752

Fee: Resident \$25, Non-Resident \$30
Instructor: Community Services Staff

Ages: 3-10
Location: LHCC

SPORTS AND FITNESS

Pee Wee Basketball



Calling all future NBA Stars! In this class you will be introduced to the basic fundamentals of basketball with fun exercises and wacky warm-up activities. We can't wait for you to come and join our team! Sign up for one session, or for both sessions! Spots in program are first come, first serve.

DATES	TIME	DAY	CLASS
SESSION I			
8/14-9/11	10:15-10:45 AM	Sa	1584
NO CLASS 9/4			
SESSION II			
9/18-10/9	10:15-10:45 AM	Sa	1688

Fee: Resident \$30, Non-Resident \$35
Location: LHCC
Instructor: Community Services Staff

Ages: 3 1/2-5
Class Sessions: 4

ACTIVITY SCHEDULE

EARLY CHILDHOOD

Totally T-Ball



A positive introduction to baseball for children ages 4 to 6 years. Each participant will have an equal opportunity to build skills, learn teamwork, and have fun. Practices focus on batting, fielding, and throwing, downsized, of course, for your child. Participants receive a team hat and t-shirt. Class meets Wednesdays from 4:00-4:45 PM and Saturdays from 9:00-9:30 AM; RESTROOMS ARE NOT AVAILABLE AT THIS LOCATION. Sign up for one session, or for both sessions! Spots in program are first come, first serve.

DATES	TIME	DAY	CLASS
SESSION I			
9/15-10/9	4:00-4:45 PM	W	1689
	9:00-9:30 AM	Sa	
SESSION II			
10/13-11/6	4:00-4:45 PM	W	1694
	9:00-9:30 AM	Sa	

Fee: Resident \$40, Non-Resident \$45
 Location: Costeau Park
 Instructor: Community Services Staff

Ages: 4-6
 Class Sessions: 8

All Sorts of Sports



This popular class combines fun, fitness and the basics. Children will be introduced to T-ball, soccer, basketball and more! The first three class sessions take place at Costeau Park - RESTROOMS ARE NOT AVAILABLE AT THIS LOCATION; on 11/6, class takes place at the Laguna Hills Community Center.

DATES	TIME	DAY	CLASS
10/16-11/6	10:15-11:00 AM	Sa	1695

Fee: Resident \$45, Non-Resident \$50
 Location: Costeau Park
 Instructor: Community Services Staff

Ages: 3-6
 Class Sessions: 4

Sports & More



Come be a part of the team! This half craft, half sports class is guaranteed to get the energy going. The first part of class is dedicated to a sport and the second half class participants venture outside to have fun and play each week's specific sport. Parent participation is required.

DATES	TIME	DAY	CLASS
11/8-12/6	10:00-11:00 AM	M	1698

NO CLASS 11/22

Fee: Resident \$40, Non-Resident \$45
 Location: LHCC
 Instructor: Community Services Staff

Ages: 3-5
 Class Sessions: 4

CULTURAL ARTS

Beginning/Intermediate/Advanced Drawing & Painting

This class includes individualized instruction with progression at your own speed. Emphasis is on technique, composition, perspective, color, and design. Students work from still lifes and from photographs or printed matter. Beginners will work in charcoal; supply kit is available from instructor for \$35. Intermediate and Advanced student media choices include colored pencil, watercolor, gouache, acrylic, oil, pastel and ink. These students must supply their own materials; a list may be obtained from instructor.

DATES	TIME	DAY	CLASS
9/13-10/25	4:00-5:30 PM	M	1702
9/16-10/28	4:30-6:00 PM	Th	1703
11/1-12/13	4:00-5:30 PM	M	1704
11/4-12/23	4:30-6:00 PM	Th	1705

NO CLASS 11/25

Fee: Resident \$140, Non-Resident \$150
 Location: LHCC
 Instructor: Marillyn Brame

Ages: 6-16
 Class Sessions: 7

Guitar

Playing the guitar is an enjoyable way to enrich your life through music. This class is designed to build a strong foundation for those with no playing experience. You will learn various strum styles, single note melodies, and three classic rock songs. Must supply your own guitar. Class can be repeated. Please visit www.rongorman.com for more information.

DATES	TIME	DAY	CLASS
BEGINNING			
9/14-10/12	6:00-7:00 PM	Tu	1607
10/22-11/19	5:00-6:00 PM	F	1620
INTERMEDIATE			
9/14-10/12	7:00-8:00 PM	Tu	1608

Fee: Resident \$90, Non-Resident \$100
 Location: LHCC
 Instructor: Ron Gorman

Ages: 10 and older
 Class Sessions: 5

ACTIVITY SCHEDULE



CULTURAL ARTS

DANCE

Mediterranean Hand Drumming

Learn the music of the Mediterranean! An introduction to the goblet drum, its rich tradition, social aspects, and celebrations. Using traditional technique and rhythm patterns, we will explore the musical spirit of hand drumming. Bring your own tuned tabla, derbekki or dumbek. Instructor will provide drums, however students are welcome to bring their own.

DATES	TIME	DAY	CLASS
LEVEL I			
10/3-10/24	1:30-2:45 PM	Su	1719
10/31-11/21	1:30-2:45 PM	Su	1720
11/28-12/19	1:30-2:45 PM	Su	1721
Fee: Resident \$49, Non-Resident \$59			Class Sessions: 4

LEVEL II (3 Month Session)

10/3-12/19	4:30-5:45 PM	Su	1722
Fee: Resident \$120, Non-Resident \$130			Class Sessions: 12

Location: LHCC
Instructor: George Medlock
Ages: 18 and older

Young Rembrandts Cartoon Drawing

Learning to draw can be lots of fun - especially if we're creating silly characters, funny expressions, and drawing sequences that tell jokes! This delightful program combines Young Rembrandts' innovative step-by-step drawing method with light-hearted subject matter that engages children, their sense of humor, and their vivid imaginations. Come join us - giggles guaranteed! All new lessons, each session!

DATES	TIME	DAY	CLASS
10/5-11/2	3:30-4:30 PM	Tu	1646

Fee: Resident \$63, Non-Resident \$73
Location: LHCC
Instructor: Young Rembrandts Staff
Ages: 6-12
Class Sessions: 5

Coast Dance Center



Coast Dance Center offers a comprehensive dance program through the City of Laguna Hills with classes for children 3 and older. CDC students are able to participate in our Spring Recital in June. For more details on our program and to see videos of our classes, please visit www.coastdancecenter.com. **NO CLASS THE WEEK OF 11/22-11/27.**

DATES	TIME	DAY	CLASS	FEE (Res/Non-Res)
Preschool Dance I - Tap & Ballet				
Age 3				
9/14-12/14	9:45-10:30 AM	Tu	1647	\$163/\$173
9/17-12/17	9:45-10:30 AM	F	1648	\$163/\$173
Preschool Dance II - Tap & Ballet				
Age 4				
9/14-12/14	10:30-11:15 AM	Tu	1650	\$163/\$173
9/17-12/17	10:30-11:15 AM	F	1651	\$163/\$173
9/18-12/18	9:15-10:00 AM	Sa	1652	\$163/\$173
Classic Combo A - Tap, Ballet & Jazz				
Ages 5-6				
9/13-12/13	4:00-5:00 PM	M	1653	\$163/\$173
9/14-12/14	4:00-5:00 PM	Tu	1654	\$163/\$173
Classic Combo B - Tap, Ballet & Jazz				
Ages 6-7				
9/14-12/14	5:00-6:00 PM	Tu	1655	\$163/\$173
9/16-12/16	4:00-5:00 PM	Th	1656	\$163/\$173
Classic Combo C - Tap, Ballet & Jazz				
Ages 6-8				
Instructor Approval Required				
9/17-12/17	4:00-5:30 PM	F	1657	\$195/\$205
Hip Hop				
Ages 6-8				
9/15-12/15	4:00-4:45 PM	W	1658	\$163/\$173
Hip Hop				
Ages 9 & older				
9/15-12/15	4:45-5:45 PM	W	1659	\$163/\$173
Jazz I				
Ages 8 & older				
9/14-12/14	6:00-6:45 PM	Tu	1660	\$163/\$173
Jazz II/III - Instructor Approval Required				
Ages 10 & older				
9/16-12/16	5:00-6:00 PM	Th	1661	\$163/\$173
Lyrical II/III - Instructor Approval Required				
Ages 10 & older				
9/18-12/18	10:00-11:15 AM	Sa	1662	\$163/\$173
Tap I/II				
Ages 8 & older				
9/16-12/16	6:00-6:35 PM	Th	1663	\$105/\$115
Primary Ballet				
Ages 6-8				
9/17-12/17	3:15-4:00 PM	F	1664	\$163/\$173
9/18-12/18	12:30-1:15 PM	Sa	1665	\$163/\$173
Ballet I				
Ages 9 & older				
9/17-12/17	5:30-6:30 PM	F	1666	\$163/\$173

Location: LHCC
Instructor: Coast Dance Center
Class Sessions: 13

REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.



ACTIVITY SCHEDULE

DANCE

Ballroom Dance



Learn America's most popular social dance which can be done to rock, jazz, blues, big band, top forty, and even some country music. Learn underarm turns, behind-the-back hand changes, tucks, spins, wraps and other fun patterns from a seasoned professional. Starting with basic patterns, we will graduate to more challenging variations and rhythms towards the end of each session. Participants are requested to sign up with a partner; partners are rotated to ensure a quality experience. For more detailed information, please contact the instructor at (949) 690-1753.

DATES	TIME	DAY	CLASS
10/5-10/26	7:00-8:00 PM	Tu	1712
11/2-11/23	7:00-8:00 PM	Tu	1713
11/30-12/21	7:00-8:00 PM	Tu	1714

Fee: Resident \$40, Non-Resident \$50
 Location: LHCC
 Instructor: Patricia Baron

Ages: 18 and older
 Class Sessions: 4

Swing Dance



Learn America's most popular social dance which can be done to rock, jazz, blues, big band, top forty, and even some country music! Learn underarm turns, behind-the-back hand changes, tucks, spins, wraps and other fun patterns from a seasoned professional. Starting with basic patterns, we will graduate to more challenging variations and rhythms towards the end of each session. All participants are requested to sign up with a partner; partners are rotated to ensure a quality experience. For more detailed information, please contact the instructor at (949) 690-1753.

DATES	TIME	DAY	CLASS
10/5-10/26	8:00-9:00 PM	Tu	1715
11/2-11/23	8:00-9:00 PM	Tu	1716
11/30-12/21	8:00-9:00 PM	Tu	1717

Fee: Resident \$40, Non-Resident \$50
 Location: LHCC
 Instructor: Patricia Baron

Ages: 18 and older
 Class Sessions: 4

Belly Dancing



From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot.

DATES	TIME	DAY	CLASS
LEVEL I			
10/3-10/24	12:15-1:30 PM	Su	1706
10/31-11/21	12:15-1:30 PM	Su	1707
11/28-12/19	12:15-1:30 PM	Su	1708
Fee: Resident \$49, Non-Resident \$59			Sessions: 4

LEVEL II (3 Month Session)

10/3-12/19	1:30-2:45 PM	Su	1709
Fee: Resident \$120, Non-Resident \$130			Sessions: 12

LEVEL III & IV (3 Month Session)

10/3-12/19	3:00-4:15 PM	Su	1710
Fee: Resident \$120, Non-Resident \$130			Sessions: 12

Location: LHCC
 Instructor: Tina Elkins

Ages: 10 and older

Clog Dance



Come and revive an early American folk dance from the Appalachian Mountains! Clogging is the forerunner of tap-dancing and combines many traditional American dances. This class is great for the whole family - partners are not required. Times: Beginners 6:45-7:30 PM, EZ+ 7:30-8:15 PM, Intermediate 8:15-9:00 PM, Int/Adv 9:00-9:45 PM.

Beginner start date is September 2, 2010. For more information, please contact David Nimmo at (949) 939-1773.

DATES	TIME	DAY	CLASS
10/7-12/30	6:45-9:45 PM	Th	1628
Fee: Resident \$60, Non-Resident \$70			

The following sessions meet monthly:

9/2-9/30	6:45-9:45 PM	Th	1505
10/7-10/28	6:45-9:45 PM	Th	1629
11/4-11/18	6:45-9:45 PM	Th	1630
12/2-12/30	6:45-9:45 PM	Th	1631
Fee: Resident \$20, Non-Resident \$30			

Location: LHCC
 Instructor: David Nimmo

Ages: 6 and older

ACTIVITY SCHEDULE



DANCE

Middle School Dance



Come and join us for this exciting Middle School Dance! If you are a student at La Paz, Los Alisos or Serrano Middle Schools, you are welcome to register. Tickets will be sold on a first come, first served basis. Tickets may be purchased at the Community Center; if paying with cash you must have EXACT CHANGE. **Tickets must be purchased by parent or legal guardian.** Buy your tickets early as this event will sell out. Supervision will be provided by City Staff. For more information please call Todd Smyser (949) 707-2690. You must bring your ticket and student ID card to get into the dance. Hope to see you there!

DATES	TIME	DAY	CLASS
10/1	7:00-9:00 PM	F	1723

Fee: \$5

Location: LHCC

MEET THE INSTRUCTOR



Mia Alicea has been teaching dance for twenty seven years and has been teaching through the City of Laguna Hills since 2006. Cross trained in jazz, tap, ballet, hip hop and lyrical, Mia received her teaching certification with Florida Dance Masters in 1985. She has trained in both New

York City and Los Angeles, and is now the director and owner of Coast Dance Center where she enjoys inspiring young students to express themselves through movement. Mia also continues to take dance classes on her own whenever possible to stay current. For more information on the Coast Dance Center program and classes offered at the Laguna Hills Community Center, see page 7 or call (949) 707-2680.

PERSONAL DEVELOPMENT

Kitchen Kreations



"Mom, I'm hungry"... so, let's do something to satisfy your appetite! Learn kitchen safety while creating delicious meals to be enjoyed by the entire class. Appetizers, salads and main course dishes will all be a part of this hands-on cooking extravaganza.

DATES	TIME	DAY	CLASS
10/13-11/3	4:00-5:30 PM	W	1696

Fee: Resident \$35, Non-Resident \$40
Location: LHCC
Instructor: Community Services Staff

Ages: 6-10
Class Sessions: 4

How to Sell on eBay!

Everyone has stuff stashed in closets, drawers, and garages. Others are paying for unnecessary storage areas! Why not make some money while helping others clear out their storage spaces at the same time? This class will teach you how to sell successfully on eBay. We will discuss organization, categorization, and how to write posts for your items. Students will receive an informational handout on the first day of class and should bring supplies to take notes.

DATES	TIME	DAY	CLASS
11/3-11/10	6:30-8:30 PM	W	1621

Fee: Resident \$59, Non-Resident \$69
Location: LHCC
Instructor: Frances Greenspan

Ages: 18 and older
Class Sessions: 2

REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.



ACTIVITY SCHEDULE

SPORTS & FITNESS

Adult Open Gym Basketball



Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
Ongoing	6:30-9:30 PM	F
	2:00-6:00 PM	Su

Annual Fee: Resident \$30, Non-Resident \$40
Location: LHCC

Ages: 18 and older

Children & Teen Open Gym Basketball



Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guardian.

DATES	TIME	DAY
Ongoing	2:00-4:00 PM	M-F
	12:00-2:00 PM	Su

Fee: FREE
Location: LHCC

Ages: 17 and under

After School Sports



Intramural sports will be offered for boys and girls two days a week after school at each elementary school campus. Sessions begin with skill development and progress to intramural tournaments. Sessions I and II are open to 3rd, 4th, 5th and 6th graders. Session I: Boys Flag Football & Girls Volleyball; Session II: Boys Basketball & Girls Soccer. **Note: On minimum days practice will be held at 1:30 at Lomarena and Valencia and 1:00 at San Joaquin.**

DATES	TIME	DAY	SCHOOL	SPORT	CLASS
SESSION I					
9/27-10/28	2:45-4:00 PM	M W	Lomarena	Flag Football	1732
9/27-10/28	2:45-4:00 PM	M W	Lomarena	Girls Volleyball	1733
9/28-10/28	2:45-4:00 PM	Tu Th	Valencia	Flag Football	1734
9/28-10/28	2:45-4:00 PM	Tu Th	Valencia	Girls Volleyball	1735
9/28-10/28	2:15-3:30 PM	Tu Th	San Joaquin	Flag Football	1736
9/28-10/28	2:15-3:30 PM	Tu Th	San Joaquin	Girls Volleyball	1737
SESSION II					
11/15-12/16	2:45-4:00 PM	M W	Lomarena	Boys Basketball	1738
11/15-12/16	2:45-4:00 PM	M W	Lomarena	Girls Soccer	1739
11/16-12/16	2:45-4:00 PM	Tu Th	Valencia	Boys Basketball	1740
11/16-12/16	2:45-4:00 PM	Tu Th	Valencia	Girls Soccer	1741
11/16-12/16	2:15-3:30 PM	Tu Th	San Joaquin	Boys Basketball	1742
11/16-12/16	2:15-3:30 PM	Tu Th	San Joaquin	Girls Soccer	1743

Fee: \$35
Instructor: Community Services Staff

Grade: 3-6
Number of Weeks: 5

REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.

ACTIVITY SCHEDULE



SPORTS & FITNESS

Pee Wee Cheer & Pom



Come learn arm motions, jumps, cheers, and pom dances to our favorite kids songs such as Radio Disney and High School Musical! Formatted by former NFL cheerleader and award winning cheer coach, Kim Esmond, this class is perfect for the first time cheerleader and taught with enthusiasm and encouragement by experienced staff. Cheerleaders learn self confidence, teamwork and have fun while learning the basics of this exciting sport. A \$10 material fee is charged for 2 cheer crafts. Participants may invite family and friends on the last day for their performance. For more information on OC Dance Productions and optional performance please visit www.OCDanceProductions.com.

DATES	TIME	DAY	CLASS
9/20-11/8	5:30-6:15 PM	M	1645

Fee: Resident \$89, Non-Resident \$99
 Location: LHCC
 Instructor: OC Dance Productions

Ages: 4-7
 Class Sessions: 8

Children's Beginning Tennis



Come out and enjoy the sport of a lifetime! This class will provide an introduction to forehand, backhand, serving, scoring, and tennis etiquette. Concentration will be on hand-eye coordination, balance, and reaction times. Please bring your own racquet and one can of new, unopened tennis balls to first class.

DATES	TIME	DAY	CLASS
10/1-11/5	4:00-5:00 PM	F	1744

Fee: Resident \$65, Non-Resident \$75
 Location: Mackenzie Park
 Instructor: John Myers

Ages: 6-8
 Class Sessions: 6

Children's Advanced Beginning Tennis



Come out and enjoy the sport of a lifetime! We'll continue skills from the beginning class and add to your skill level, focusing on forehand, backhand, serving, and tennis etiquette. Please bring your own racquet and one can of new, unopened tennis balls to first class.

DATES	TIME	DAY	CLASS
10/1-11/5	5:00-6:00 PM	F	1745

Fee: Resident \$65, Non-Resident \$75
 Location: Mackenzie Park
 Instructor: John Myers

Ages: 9-13
 Class Sessions: 6

Teen & Adult Intermediate Tennis



For those players who know the basics of the game but wish to improve their skills. Instruction to improve strategy, develop a reliable serve, improve specialty strokes, and better understand the psychology of tennis. Please bring your own racquet and one can of new, unopened tennis balls to first class.

DATES	TIME	DAY	CLASS
10/1-11/5	6:00-7:00 PM	F	1746

Fee: Resident \$65, Non-Resident \$75
 Location: Mackenzie Park
 Instructor: John Myers

Ages: 14 and older
 Class Sessions: 6

Cardio Kick 'N Jab



This class is a mixture of cardio, flexibility, core, and strength building moves. Train with Nicole this fall in a kickboxing class that will transform your entire body and burn 500+ calories per class! Slim down, tone muscle, and be healthy! This class will get your heart pumping while having fun for a total body transformation. Appropriate for all fitness levels. Please bring water, a towel, and fitness mat.

DATES	TIME	DAY	CLASS	SESSIONS	FEE (Res/Non-Res)
10/6-10/27	7:45-8:45 PM	W	1622	4	\$60/\$70
10/9-10/30	8:10-8:50 AM	Sa	1623	4	\$60/\$70
11/3-12/8	7:45-8:45 PM	W	1624	5	\$75/\$85
NO CLASS 11/24					
11/6-12/11	8:10-8:50 AM	Sa	1625	5	\$75/\$85
NO CLASS 11/27					

Location: LHCC
 Instructor: Nicole Mathews

Ages: 16 and older

Gentle Yoga



Find the Yoga Basics and Yoga Flow classes too intense? Take the Gentle Yoga class to learn calming, restorative stretches that will help heal and release stress with an emphasis on breathing and relaxation. We use a lot of props in this class; please bring blanket(s)/towel(s) and a mat.

DATES	TIME	DAY	CLASS
10/6-12/15	6:00-7:30 PM	W	1668
NO CLASS 11/24			

Fee: Resident \$130, Non-Resident \$140
 Location: LHCC
 Instructor: Angie Knight

Ages: 14 and older
 Class Sessions: 10



ACTIVITY SCHEDULE

SPORTS & FITNESS

Yoga Basics



This class covers yoga breathing and relaxation techniques, introducing different poses and movements for flexibility, strength, and peace of mind. We will begin with the basics and progress to more challenging movements and poses. Both beginning and ongoing students are welcome. Participants should wear comfortable clothing, bring blanket(s)/towel(s) and a mat.

DATES	TIME	DAY	CLASS
10/4-12/13	6:30-8:00 PM	M	1669
NO CLASS 11/22			

Fee: Resident \$130, Non-Resident \$140
Location: LHCC
Instructor: Angie Knight

Ages: 14 and older
Class Sessions: 10

Yoga Flow



For those familiar with yoga and wanting to advance and improve their practice. Beginners are welcome but must be prepared for a workout. Participants should wear comfortable clothing, bring blanket(s)/towel(s) and a mat.

DATES	TIME	DAY	CLASS
10/6-12/15	10:00-11:30 AM	W	1670
NO CLASS 11/24			

Fee: Resident \$130, Non-Resident \$140
Location: LHCC
Instructor: Angie Knight

Ages: 14 and older
Class Sessions: 10

Karate



In this class, participants develop physical fitness, self discipline, respect, and self confidence. A uniform (GI) is recommended, but not required, and will be available from instructor for \$30. Make up classes may be arranged with instructor.

DATES	TIME	DAY	CLASS
BEGINNER			
10/25-11/29	5:30-6:10 PM	M	1632
12/6-1/10	5:30-6:10 PM	M	1633
INTERMEDIATE			
10/25-11/29	6:15-6:55 PM	M	1634
12/6-1/10	6:15-6:55 PM	M	1635
ADVANCED			
10/25-11/29	7:00-7:40 PM	M	1636
12/6-1/10	7:00-7:40 PM	M	1637

Fee: Resident \$70, Non-Resident \$80
Location: LHCC
Instructor: Rick Garza

Ages: 5-18
Class Sessions: 6

Hiking Club



Come and learn about native plants, animals, and local history while getting some exercise! The Hiking Club is a series of hikes that explore various wilderness areas in Orange County. The hikes are held at an intermediate level hiking pace and encounter a variety of terrain, including hills with distances of 4-6 miles. Class meets promptly at 8:00AM at the Laguna Hills Community Center on selected Saturdays with transportation provided by City Staff to all destinations. For more information please call (949) 707-2692. **SCHEDULE:** 10/2: Whiting Ranch Wilderness Park - Billy Goat Trail; 10/16: Trabuco Canyon - Trabuco Canyon Trail; 10/30: Modjeska Canyon - Harding Trail; 11/13: San Mateo Wilderness Area - Morgan Trail.

DATES	TIME	DAY	CLASS
10/2-11/13	8:00 AM-12:00 PM	Sa	1754

Fee: Resident \$50, Non-Resident \$55
Location: Meet at LHCC
Instructor: Community Services Staff

Ages: 15 and older
Class Sessions: 4

Bell Canyon Hike



The Bell Canyon Trail, located in Caspers Wilderness Park, wanders through live oak and western sycamore riparian woodlands, with minimal elevation gain for an easy three mile round trip. Class meets at the Laguna Hills Community Center with transportation to the trailhead provided by City Staff. **PLEASE NOTE: No refunds or transfers for one day classes.**

DATES	TIME	DAY	CLASS
10/9	8:00 AM-12:00 PM	Sa	1755

Fee: Resident \$15, Non-Resident \$20
Location: Meet at LHCC
Instructor: Community Services Staff

Ages: 15 and older

San Juan Trail Hike



Join the Community Services Staff on a wilderness adventure deep in the Cleveland National Forest. This moderately strenuous hike encounters a variety of terrain, including steep hills for a distance of approximately 6 miles on portions of the San Juan and Viejo Tie Trails. Please bring plenty of water, snacks and a lunch to eat out on the trail. Class meets at the Laguna Hills Community Center with transportation provided by City Staff. **PLEASE NOTE: No refunds or transfers for one day classes.**

DATES	TIME	DAY	CLASS
12/11	8:00 AM-2:00 PM	Sa	1756

Fee: Resident \$15, Non-Resident \$20
Location: Meet at LHCC
Instructor: Community Services Staff

Ages: 15 and older

ACTIVITY SCHEDULE



CIRCLE OF FRIENDS

The Circle of Friends Program is for individuals with disabilities who are 13 and older. Activities are designed to foster social skills, increase leisure opportunities, and create friendships while enhancing developmental needs for teens and adults of all abilities. Programs include movie nights, local excursions, social dances, and more! To be added to our Circle of Friends quarterly newsletter or to find out more about the program, please contact Kate at (949) 707-2683.

Halloween Dance



Wear your favorite costume and come dance the night away at the Circle of Friends Halloween Dance! Bring a friend and join us for an exciting evening at the Laguna Hills Community Center. Please RSVP to Kate at (949) 707-2683.

DATES	TIME	DAY	CLASS
10/15	7:00-9:00 PM	F	1638

Fee: \$5
Location: LHCC
Ages: 13 & older

Broom Hockey



Join us for an exciting night of Broom Hockey in the Community Center gym! Please RSVP to Kate at (949) 707-2683. We hope to see you there!

DATES	TIME	DAY	CLASS
11/5	7:00-9:00 PM	F	1639

Fee: \$5
Location: LHCC
Ages: 13 & older

Holiday Dinner Dance



Get dressed up and come dance the night away at the Circle of Friends Holiday Dinner Dance! Join us for a special evening at the Laguna Hills Community Center. Please RSVP to Kate at (949) 707-2683. We hope you can come!

DATES	TIME	DAY	CLASS
12/10	6:30-9:00 PM	F	1640

Fee: \$10
Location: LHCC
Ages: 13 & older

Disability Fair

The SVUSD/W.E.C.A.R.E. program and the City of Laguna Hills will be hosting the 2010 Disability Resource Fair on Thursday, October 21st. The event will feature a variety of organizations, agencies and services throughout Orange County that support the disabled community. Come join us to learn about the resources available for those with special needs. For more information please contact Jackie Kashima at (949) 830-5302 or kashimaj@svusd.org.

DATES	TIME	DAY
10/21	6:00-8:00 PM	Th

Fee: FREE
Location: LHCC
Ages: All ages

REGISTER EARLY FOR CLASSES

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the registration form at the front of the brochure.

COMMUNITY TELEPHONE



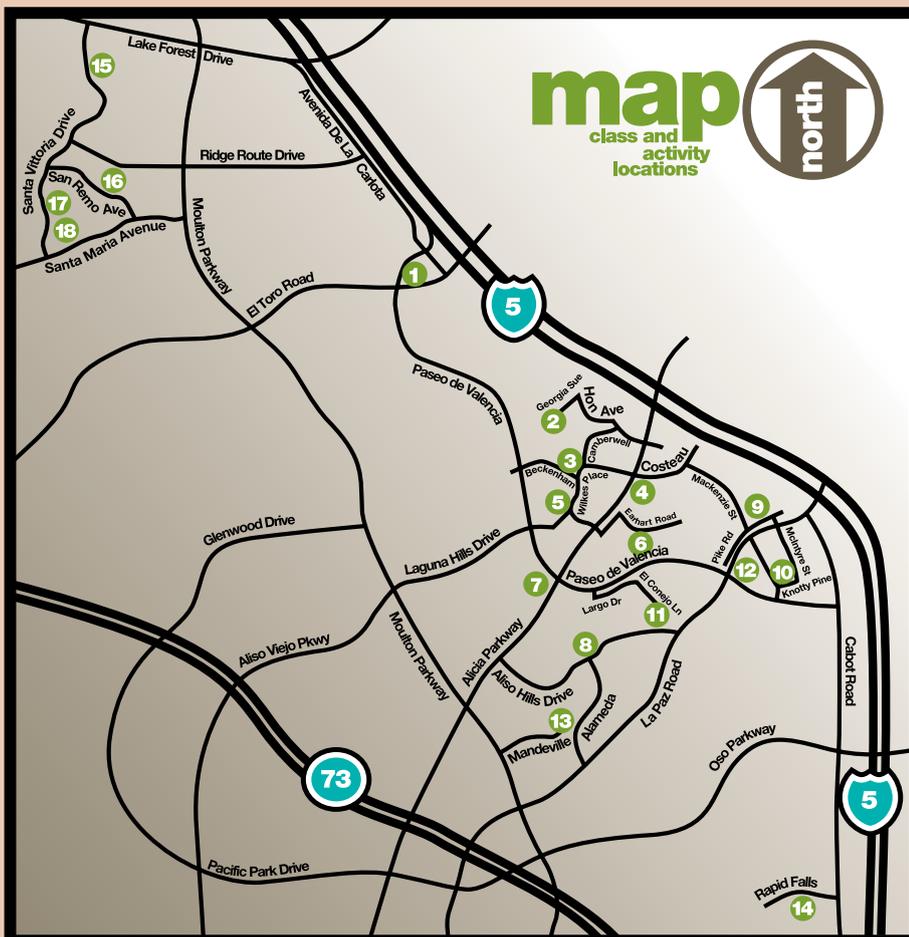
Laguna Hills City Hall	949.707.2600
Laguna Hills Graffiti Hotline	949.707.2656
OC Public Technology Branch Library	949.707.2699
Orange County Sheriff's Dept. (24 hour)	949.770.6011
Florence Sylvester Memorial Senior Center	949.380.0155
Saddleback Valley School District	949.586.1234
Laguna Hills High School	949.770.5447
Department of Motor Vehicles	800.777.0133
South Orange County Chamber	949.635.5800
Orange County Animal Care Services	714.935.7419
MOMS Club of Laguna Hills	949.224.3065

SPORTS & YOUTH GROUPS

AYSO Region 1422	www.ayso1422.org
Laguna Hills Little League	949.206.5414
Laguna Hills National Junior Basketball	www.lhnjb.net
California Street Hockey Association	714.738.8329



CLASS **ACTIVITY** LOCATIONS



- 1 City Hall
- 2 Clarington Park
- 3 Beckenham Park
- 4 Costeau Park
- 5 Stockport Park
- 6 Lomarena Elementary
- 7 LHCC & Sports Complex
- 8 Mendocino Park
- 9 Mackenzie Park
- 10 Knotty Pine Park
- 11 El Conejo Park
- 12 Valencia Elementary
- 13 Mandeville Park
- 14 Cabot Park
- 15 Veeh Ranch Park
- 16 San Remo Park
- 17 Santa Vittoria Park
- 18 San Joaquin Elementary

City of Laguna Hills REGISTRATION FORM

Fall Registration begins Tuesday, August 24, 2010

On-Line

www.ci.laguna-hills.ca.us

Walk-In

Laguna Hills Community Center
at **25555 Alicia Parkway**

Phone-In

Call **(949) 707-2680**, for credit card users only

Mail-In

Make check payable to City of Laguna Hills,
and mail it to:

**City of Laguna Hills
Community Services
25555 Alicia Parkway
Laguna Hills, CA 92653**

Information

- A \$35 fee is charged on all returned checks.
- Families enrolling more than one child in the same class taught by Community Services Staff will receive a 25% discount for additional children enrolled. Not applicable to special events, camps, after-school sports or contract classes.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.

Full refunds are issued for any class cancelled by the City. Refund requests made prior to the start of an activity will be granted without explanation but will be subject to a \$5 service charge per request. Refund requests must be made prior to the second class meeting.

No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

Adult Name _____
Last First Date of Birth

Address _____
Number Street City Zip

Home Phone _____ Work Phone _____

Cell Phone _____ Email Address _____

TITLE OF CLASS	CLASS NUMBER	DATES	PARTICIPANT'S LAST NAME	PARTICIPANT'S FIRST NAME	BIRTH DATE	FEES (RESIDENT)	FEES (NON-RES)
						\$	\$
						\$	\$
						\$	\$
						\$	\$
						\$	\$

FEES ARE SUBJECT TO CHANGE. INCOMPLETE FORMS WILL NOT BE PROCESSED AND PARTICIPATION IN A CLASS/EVENT REQUIRES A SIGNED AND COMPLETED REGISTRATION FORM PRIOR TO THE START OF THE CLASS/EVENT. ALL MINOR PARTICIPANTS MUST BE REGISTERED BY PARENT OR LEGAL GUARDIAN.

total program fees \$ _____

Release and Waiver of Liability and Indemnity Agreement

In consideration of the opportunity to participate in these activities, I hereby release, waive, and hold harmless the City of Laguna Hills ("City") and its Council members, officers, employees, agents, instructors, activity organizers and sponsors (collectively "City Representatives") from any and all suits, claims, damages, losses, injuries (including property damage, bodily injury, or death), and any other compensable loss of any time (collectively "Claims") to myself and "My Agents" (which includes my minor children, members of my organization, agents, and employees) arising out of participation in these activities, whether or not the negligence of the City or City Representatives contribute to or cause the Claims. This release does not apply to the extent the Claims are caused by the gross negligence or willful or wanton misconduct of the City or City Representatives. I further agree to defend and indemnify the City and City Representatives from any and all Claims directly or indirectly arising out of the acts or omissions of me or My Agents. I consent for video and photographs to be taken of me and My Agents for use in future City publications and understand that I and My Agents will not receive any compensation for such use.

I CERTIFY THAT I HAVE READ AND UNDERSTAND THIS, AND AGREE ON BEHALF OF MYSELF, MY SPOUSE AND MY CHILDREN.

Signature of Participant or Parent/Guardian of participant if under 18 years of age

Date